

Air Bubbles



The Newsletter of the North Shore Frogmen's Club

April 2024

President's Message

By: Brett Harrison



As we move into spring and the weather gets nicer, we all look to the outdoors, especially after being stuck inside all winter. For some of us, our dive season is just beginning, a time to get the gear checked out, tanks prepped and filled. For me, this is the time where I get to see a lot of my fellow froggies come out of hibernation and come to the dive sites. If you are new to the club, come meet us on a Sunday at the Beverly rest stop for a dive! If you have been in the club for years, I look forward to seeing you get in the water with us this spring. As always, please email President@NorthShoreFrogmen.com with any ideas, questions or even just to say hello!

Member of the Quarter

Evangeline Egizi, known to everyone as Vange! Vange has been a non-diving frogmen member for years. Vange is not just a member, but has been involved with much more. From organizing the 65th anniversary merchandise, to running Air bubbles, to the quarterly dive challenge and more, Vange has quietly been doing great things behind the scenes.

Diver of the Quarter

Daryl Findlay, known to everyone as Fin! Fin has been to more club dives this year than anyone else in the club. He is not afraid of cold water, as he has been to all the sponsored, as well as non-sponsored, club dives this winter. He is always at the Sunday meet up for the club dive.

Welcome to our Newest Members!!

Jeff West (10/23)

Dan West (10/23)

Matt Meyer (10/23)

David Neitzel (11/23)

Korie Desmond (2/24)

Asher Kurtzman (3/24)

NEW NSF Meeting Location!

Italian Community Center (ICC)

302 Rantoul St., Beverly (Parking in Rear on Park Street)

Bring your own dinner.

Froggies Have Been Busy...

February 10, 2024 – Winter Hike – Dogtown, Gloucester Thank you, Ray for planning this hike!











February 15, 2024 – Bit Bar & Karaoke, Salem Great food, beer, games and singing (way to sing Adam and Ray)!!













February 24, 2024 - Dim Sum & Movies at the Aquarium Thank you, Bill, for organizing this anticipated, much-loved event!





















March 7, 2024 - Onion Town Grill (OTG) Business Meeting

OTG has been good to the Froggies. We will miss congregating here for dinner and meetings.









March 14, 2024 – Speaker – Paul Cater Deaton

Excellent presentation both in-person and on Zoom, by Paul Cater Deaton, about Egypt and diving in the Red Sea and Nile River. A bonus, fascinating "mini presentation" was given by Jon Salas about Bikini Atoll in the Marshall Islands. Thank you, Susan for organizing this presentation and to Daryl and Brett for providing the technology.

















March 16 & 17, 2024 – Sea Rovers

It was a successful conference filled with many interesting talks and prospective new members. Thank you to Ray and Mary for setting up the booth and all those who helped with shifts and breaking down the booth. Thank you, Ellen and Ron, for donating raffle items. Pictured below is our very own Froggy/Sea Rover, Amy (not pictured Laura). Can you guess who the owner of the ultra-cool, light-up, shark slippers is?













March 23, 2024 - St. Patrick's Day Party

Thank you, Ray and Mary, for hosting yet another great party, and thank you Chef Ray for a great boiled dinner! This party is definitely a beloved Froggie tradition.

























































April 7, 2024 - Easter Party – Happy 80th Birthday Dodie! Thank, Dodie for hosting a fun afternoon – and as always, the clam chowder was great!















April 11, 2024 – 3rd Annual Trivia Night

By: Vinny Egizi

On April 11th, the Froggies hosted its 3rd annual NSF Triva Night. This year drew 15 contestants, who divided themselves into 6 teams, and Vinny Egizi was the Trivia Master. The competition consisted of 4 rounds of general knowledge, geography, sports, and science questions with increasing point value in each successive round. Several rounds had a bonus option to increase the point value for one question by 2x, 3x or 4x. In the 5th round, teams had the option to bet up to 100% of their points (essentially doubling their score) or losing the same amount. In the end, the winner was the aptly named team "Winners" (father son combination of Jeff and Dan West) with 42 points. "Team Name" (President Brett and Peter Cassidy) rebounded from a 2 in the first round to place second with 32 points, and "The Filipinos" (Vange, Mary, Ellen, and Daryl) took third place with 22 points (even after scoring a goose egg in round three). Fourth and fifth places went to teams "JoDaMi" and "Jaws" respectively. Entry fee was \$5/person and cash prizes of 60%, 30%, and 10% of the collection was given to the first three teams.

Here is a list of the questions asked....how would you have done?

North Shore Frogmen Trivia Night Questions

Round 1

- In what country did the first Starbucks open outside of North America? (*Tokyo*)
- Where were the Declaration of Independence, the Constitution, and the Bill of Rights stored during World War II? (*Ft. Knox*)
- Who was the first televised President? (Franklin Delano Roosevelt)
- Who was the first woman to win a Nobel Prize? (*Marie Curie*)
- What was the original purpose of the tiny pocket in jeans? (*Pocket watch*)

Round 2

- What food manufacturing company headquartered in Battle Creek, Michigan, uses several animal mascots to sell its cereals, such as Newton the Owl, Tony the Tiger, and a rooster named Cornelius? (*Kellogg's*)
- Mickey Mouse almost went by a different name. What was it? (*Mortimer*)
- What day is known as Star Wars Day? (May Fourth)
- Which athlete has won the most Olympic medals? (*Michael Phelps*)
- What MLB pitcher has the record for the most career losses? (Cy Young)

Round 3

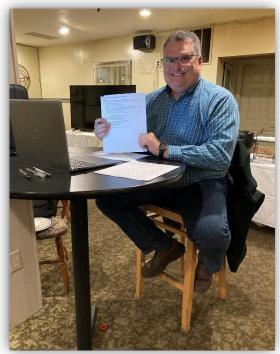
- How many hearts does an octopus have? (*Three*)
- What is the fastest fish in the ocean that can reach up to 68 MPH? (Sailfish)
- What is the oldest soft drink in America? (*Dr. Pepper*)
- What was the first toy to be advertised on television? (Mr. Potato Head)
- What is the only continent without an active volcano? (Australia)

Round 4

- This country has the largest number of pyramids. It is not Egypt. (Sudan)
- Which of the planets in our solar system is the hottest? (*Venus*)
- What is the human body's largest organ? (Skin)
- What were the first hockey pucks made from? (*Cow Dung*)
- Why did pirates wear earrings? (*They thought it would help them see better*)

Round 5

• Which U.S. state has a law preventing your chicken from crossing the road? (Georgia)



Trivia Master Extraordinaire Vinny!



First Place went to team: "Winners"!



Third Place went to team: "The Filipinos"





Second Place went to team: "Team Name"



April 11, 2024 - Good Bye & Thank You Onion Town Grill!

As the saying goes: all good things must come to an end. Sadly, we had our last supper at OTG. The Dennelers brought a cake to mark the occasion and Skip presented our favorite server, Lisa, with a \$175.00 gift certificate to Market Basket to show our appreciation. Froggies will miss OTG!



Enjoying dinner at our usual spot



Skip giving **Lisa** a little token of our appreciation for excellent service each week!





Dawn brought a cake to make it a proper farewell

Protecting the Horseshoe Crabs

By: Dodie Carvalho

Several years ago, Ellen Garvey told us about an Audubon group in Swampscott which was working on protecting

their beaches. Many of us went to the meeting(s) and then out to dinner. I guess we "signed in" because I recently got a request to attend a hearing with the Department of Marine fisheries in Gloucester, about fishing and lobstering regulations, as well as protection of Horseshoe Crabs. The meeting was on a Thursday and I attended thinking it would be short and then I'd attend the club dinner. Well, it was LONG and had a large group of Boston based fishermen, and another of Gloucester (North Shore). They dealt with fishing issues, as well as an increase in lobster size in each of the next two years.

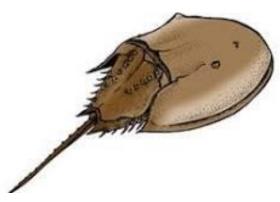
When the fishmen left, we then discussed the need for protection of horseshoe crabs. I used to see them all the time on the beach, alive or just shells, but seldom do now. People who grew up on Cape Cod talked of finding it hard to walk on the shore during mating season. Now few are seen and could be driven to extinction if they are not soon protected. The Audubon people were great in their pursuit of ending harvesting during their spawning season, and now the mating season will be closed to their taking. I'll attach the mock-up one teacher uses in her classroom to express her pursuit of their protection from possible extinction without change in harvesting.





Documentary Recommendation by Dodie: Spy In The Ocean

This documentary came out in 2023. It is a 4-part series about "critters" in the ocean and how they interact with different sea creatures. Various sea creatures were outfitted with cameras that provided a first-hand look at life under the sea. Four stars and family-friendly!!



Deep Sea Triton Subs

By: Susan Copelas

DEMA is an annual convention for dive professionals. I had the good fortune at the NOGI awards, Academy of Underwater Arts and Sciences esteemed awards, to be seated at the Historical Dive Society table at the invitation of my friend Ed Uditus with Evie Dudas. Fellow Explorer Club members Victor Vescovo and Patrick Lahey were also at the table. Victor Vescovo, a Harvard School Business graduate, is an American private equity investor, retired naval officer after twenty years, sub-orbital spaceflight participant, and undersea explorer. Victor was chief pilot on a TRITON sub that was part of a record-breaking expedition in more ways than one. Vescovo's expedition called Challenger Deep, was to the



southern end of the Pacific Oceans Mariana Trench, setting the record to 35,853ft. He also funded the Five Deeps Expedition and served as the chief pilot of the Limiting Factors dives to the bottom of all five oceans. Victor was recognized by Guinness World Records as the person who has covered the greatest vertical distance without leaving Earth's surface. Patrick Lahey is the co-founder and president of Triton Sub who worked closely with Victor designing a submarine to withstand that pressure. Patrick Lahey invited Ed Uditus and myself to a factory tour of his plant in Sebastian Florida in February. I was like a kid in a candy store. My dream job was always to be a marine biologist to go to the deepest parts of the ocean to study the microbes at the deep-sea vents. So, to sit in one of the subs in their factory was an exciting opportunity.



I was shocked at how many subs were in the production line and what they were designed for. I assumed they were all designed for scientific purposes. As it turns out, most of them were for private investors to be used as private ventures on board cruise ships and to take scenic tours in warmer climate locations. Most of them looked like round globes. However, the Neptune, which is a new design, is a nine-passenger vessel which will be used for scenic purposes that is 11 tons and is designed to go down to 600 feet. It will be onboard of a cruise ship to be stationed in Tahiti. Patrick had 7 vessels in the plant including a large vessel of Paul Allens that was getting an over haul. Talk about luxury under the sea. What

I found very interesting was how the subs were designed for multi purposes. As it turns out these subs are so strong and last for so long, they frequently have several owners and used for several purposes. The price point is between 1.5 million and 35 million depending on the depth they were designed for. Every system on a submersible is designed, built, and tested with safety in mind. All the hulls are made with titanium or steel instead of the ones Ocean Gate used which opted to use untested carbon fiber composite, a material that has never been used in deep-sea exploration. What a wonderful afternoon and Patrick was the perfect host.





Alexine's Famous Hummus Dip

1 large can or 2 small cans of chick peas drained

4 cloves of minced garlic

Juice of 1/2 lemon

2 T sesame tahini (I use 3 T)

3 T olive oil

1/2 tsp crushed red pepper flakes

1 tsp salt (I use 3/4 tsp)

1 tsp ground cumin

1 tsp ground coriander



Place all ingredients into a food processor. Process for 20 to 30 seconds.

Are you a Year-Round Diver?

Complete the challenge and win a "Year-Round Diver" tee shirt!

Here's how the challenge works:

- 1. Email Vange Egizi to register for the challenge.
- 2. Pay Vange (or Treasurer) the \$5.00 registration fee.
- 3. Complete 4 NSF Sunday dives: 1 during each of the 4 calendar seasons (on or before December 31, 2024).
- 4. Email Vange within 1 week, after each of your dives, to receive credit.
- 5. Request your "Year-Round Diver" tee shirt.

Questions? - Email Vange Egizi at vangiemassagain@yahoo.com

It's Not Too Late!

Even if you haven't yet done a winter dive, there will be a club-supported, winter dive in December 2024! Remember to get your Spring Dive in now!

Got Froggie Swag?

Tee Shirts and Hoodies

There are a few NSF tee shirts and one hoodie still available.

Even More Froggie Swag

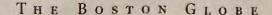
Caps For Sale - \$20 A Cap!

Pre-orders Only (If you have not already done so) Order by May 18th

To Purchase Shirts/Hoodies or order Caps, contact Vange at:

Vangiemassagain@yahoo.com





The World

DAILY BRIEFING



SUNKEN HISTORY — Scuba divers jumped into the water off the Brazilian coast during a mission to find a slave ship almost 200 years after it sank. The Camargo was one of the last ships to bring enslaved Africans to the Americas, and archeologists recently found what they believe to be its wreckage.

Article submitted by Mary Howard

Have a Great Trip to the Philippines!!

Mary Howard
Ray Porter
Daryl Findlay
Bill Werner
Jon Werner (Bill's Brother)
Charlene Colella

Air Bubbles

The next quarterly edition of Air Bubbles will come out on July 15th.

All submissions should be emailed to Vange Egizi by June 30th at:

vangiemassagain@yahoo.com

Meeting Minutes

January 11, 2024

- Dinner Start Time 6:00PM
- Meeting Start Time 6:54PM
- Meeting End Time 7:27PM
- Attendance: 12 members including 3 officers.
- Dive Talk:
 - Matt dove a couple of weeks ago with the South Shore Neptunes off Boston Scuba boat "somewhere off Nahant" for scallop dive. Everyone got at least 6 pounds of scallops (gallon bag). Depth 45 ft, cold.
- Old Business:
 - January 13th Club Hike in Harold Parker State Forest is ON unless announcement made otherwise.
 - o January 18th Meet at East Regiment for Sea Hunt Videos
 - o January 28th Planning meeting at Brett's, 2:00PM
 - o March 14th Paul Cater Deaton will present on Egypt-Karnak.
 - o March 16th 17th Sea Rovers in Danvers
- New Business:
 - Life Members
 - Ray and John F will become Life Members in 2024.
 - Fin became a Life Member in 2023.
 - Dollars Box Annette S. not present

March 7, 2024

- Dinner Start Time 6:00PM
- Meeting Start Time 7:08PM
- Meeting End Time 8:02PM
- Attendance: 16 members including 3 officers and 1 guest (Diana)
- Dive Talk:
 - O Susan went to the Seychelles for 2 weeks. Flew to Ethiopia, then spent the weekend checking out hotels, etc in Seychelles. Resort is on Elfonse. Huge tortoises. Very, VERY nice hotel. Fly fishing capital of the world. Editor of SCUBA magazine was among the guests, only 17 in the group. Not much color, but plenty of large sea life. They have a large manta project.
 - O Susan then went to Florida, and got a tour of Triton sub production. There will be one of the subs in Curação when Susan is there next month.
 - o Fin and Brett dove on Sunday. Tried OGB, but it was choppy. Tried Back Beach, fine conditions, but low tide. Fin had trouble with his rebreather, so late going in. No nudibranchs, just crabs and one isopod. After he came up to verify location, he decided to swim back on the surface, but the wind blew him across to other side of the beach.. Smaller force fins didn't work well enough in the wind. Will be using open circuit gear in the next month to prep for his trip. Brett saw a big sea rayen, lots of moon snails.
 - o In "The Villages in Florida", there is a large, active dive club. Every meeting one person speaks about one aspect of diving.

• Old Business:

- o March 10th Club supported dive; meet at BK @ 9:00AM
- March 14th Paul Cater Deaton will present on Egypt-Karnak. Meeting will be through zoom and in person. Link will go out this coming week.
- o March 16th 17th Sea Rovers Clinic in Danvers.
- o April 4th Trivia Night by Vinny (date since change to April 11th)
- o April 7th Easter Egg Dive & Party at Dodie's starting at noon, after the dive.

- o Vermont Trip Vinny will start sending out notices and asking for folks to sign up.
- o Meeting Locations April 4th will be our last meeting at OTG. April 11th will be our first meeting at ICC. (Date since changed to: last mtg at OTG on April 11th, first at ICC April 18th)
- New Business:
 - New Member Application Asher was voted in as our newest Club member. He would like to dive the steel tower in the quarry in Gloucester. He does kayak guiding for Plum Island Kayak on Route 1 in Newburyport.
 - Dollar Box Name Pulled Tom M not present

March 21, 2024

- Dinner Start Time 6:00PM
- Meeting Start Time 7:17PM
- Meeting End Time 7:50PM
- Attendance 11 members including 2 officers
- Dive Talk: None weather-related.
 - o Kayak Diving? Is anyone interested? Matt is asking.
- Sea Rovers Good showing at Sea Rovers. People bidding on boat dive uninterested in the other two prizes, and vice versa.
- Old Business:
 - o March 23rd St. Patrick's Day Party at Mary & Ray's house
 - March 24th Club Supported Dive; meet at BK at 9:00AM. Will decide status soon and post on Group Me
 - o April 11th Last meeting at Onion Town Grill
 - o April 7th Easter Egg Dive & Party at Dodie's noon, after the dive.
 - o April 18th First meeting at ICC, Beverly
 - o April 11th Trivia Night, by Vinny \$5/ person, can team up in teams. (Note date change)
 - o April 12th 4 Club Members going to Philippines!
 - Vermont trip Vinny will start sending out notices and asking for folks to sign up. There is no plan at this time to get airfills. Try to bring enough tanks for yourself, or a little more to share.
 Annette has a lot of tanks, so some people may be able to borrow some from her.
 - New Meeting Location April 11th will be our last meeting at OTG. April 18th will be our first meeting at ICC.
 - o Air Bubbles Vange has agreed to take on Air Bubbles. Next deadline is March 31st.
 - o Planning Meeting Brett is planning to have another planning meeting in June, sometime.
 - o No Dollar Box name pulled tonight.

The North Shore Frogmen's Club meets weekly for business meetings, dives, and social events.

Please join us!

