



# Air Bubbles



The Newsletter of the North Shore Frogmen's Club

**October 2023**

---

## **President's Message**

**By: Dylan Langelier**

I truly feel very lucky as a diver to live where we do, have premiere New England diving in our “backyard”, I know I say it all the time but it’s true!

Even with the record number of rainy weekends and a “short” New England Summer, this season of diving has been a very enjoyable one. As we begin moving into the start of our “cooler” Fall diving, which honestly is some of the best with better visibility, easier parking at the beaches, new and exciting sea life that comes alive in the changing of the season, along with the unusually warm waters locally will definitely extend even the more cold-adverse divers’ season in relative comfort.

The calendar has been full of family dinners at OTG, brewery nights, comedy shows, fantastic presentations, outdoor movie nights, beach meetings, hikes, and lots and lots of diving! With the record number of rainy weekends in New England this Summer the Froggies have still been busy!

The Froggies have a packed schedule of events coming up and this Fall so keep your eyes out for reminder emails as well as visiting the clubs events page on our website [www.NorthShoreFrogmen.com](http://www.NorthShoreFrogmen.com).

As always, please email [President@NorthShoreFrogmen.com](mailto:President@NorthShoreFrogmen.com) with any ideas, questions or even just to say hello!

## **Member of the Quarter**

John Marren is a long time Froggie and very loyal to the club. He attends almost every meeting and many of the events the club holds. John is a strong advocate for the sport of diving and particularly our dive club, always striking up conversations and even known to put our contact cards on car windshields when he notices signs that they are divers.

## **Diver of the Quarter**

Jace Harrison (son of Brett Harrison) is our youngest member and a newer diver who is really picking up the sport. Jace comes to many of our Sunday dives, has attended some of our social outings and even was one of the few to get in the water at the BSC picnic. Jace is an avid fisherman but is finding a love for the sport of diving and is a great addition to our community!

## *Guess who turned 100*



*Nothing like celebrating with friends!*





## 7/19/23 – Fun at Nubble

43.1653° N, 70.5911° W



We should do more of these!

## 7/12 – A Moment of Sadness

Regrettably the Vermont trip hosted by Annette for the week of 7/14 was canceled due to weather and other issues.

## 7/26 – Andy Martinez /Ellen Garvey Cuba presentation

Andy Martinez is the author of *Marine Life of the North Atlantic, Canada to Cape May* and accomplished underwater photographer. Ellen Garvey is a club member and avid warm water diver (80F or higher). Together they shared their experiences diving in Cuba.

**Please submit pictures to Air Bubbles!**

## Did you check your local paper?

The Eagle Tribune has written multiple articles about NSF members locally, a big thank you goes out to Terry Date!



## Not on the Group Chat Yet?

Gentle reminder, if you are not on the group chat (GroupMe), please sign up. It is the easiest way to keep in touch with the club and dives!!





## We Are Looking for Vintage Pictures and Vintage Gear

Have a vintage picture that you want to submit to Air bubbles? Email me at [LS6Chevy@hotmail.com](mailto:LS6Chevy@hotmail.com), make sure the subject contains "Air bubbles" and your name is somewhere in the email.



The above pictures are from Skip Yetman; the first is of an Anchor he recovered a while back, and the other is of the vintage tech he currently dives with.

Below, the "Warrior from the ocean" picture was posted by Kelly Smith on Facebook



Image by Daryl Findlay



Thanks For the vintage cartoon, Fin!!

# Dive, Cook, Eat

If you have a recipe for local seafood, please submit it to Air Bubbles  
(Thanks Vinny!)

## Vinny's Double Dipped Fried Sea Clam Strip Recipe



### Ingredients:

- Sea Clams (the bigger the better)
  - Always available in the sandy area heading back to shore at Old Garden Beach
  - Look for a hole in the sand and fan hard with hand to expose the clam
- Vegetable oil or lard for frying
- 1 cup corn flour
- 1 cup bread flour
- 1 cup whole milk
- Spices to taste
  - 1 tbs cayenne pepper or paprika
  - 1 tbs black pepper
  - 1 tsp salt

### Prepare the clams:

There are three edible parts to sea clams: foot, 2 adductor muscles, and mantle (strip around clam). Bring 1-2" of water to a boil in a large pot and put clams in a few at a time. Cook just long enough for them to open (you will hear a distinctive cracking sound). Remove from heat and cool under water. Remove internals of clam. You will need to use a sharp knife to scrape the adductor muscles and mantle strip away from the shell. Cut the foot away from the belly (discard the belly). Cut the three parts into small bite sized pieces as desired.

### Cook the clams:

In two bowls prepare the dredging ingredients. In one bowl put the milk. In the second bowl combine the flours and spices. Place the clams in the milk. Using a strainer, remove excess liquid and then place small batches into the flour mixture and dredge well. Shake off excess and set aside. Heat oil in a saucepan on stove top to about 350F. Apply a second coating of dredging mixture (milk and then flour mixture) in small batches and then place clams in the oil until golden brown (about 60-90 seconds). Set aside on paper towels to drain.

Enjoy!!!!



## 9/17 – Annual NSF meeting

It was a beautiful day to get together with Metro West and Bay State Council



Service with a smile!







Bonus points, how many hidden froggies can you find in the picture below?  
Trivia question: What were the names of the only two divers who dove at the picnic?





## 9/21 Movie Night!

A big thank you to Mary and Ray for hosting the epic adventures of Meg 2: The Trench!

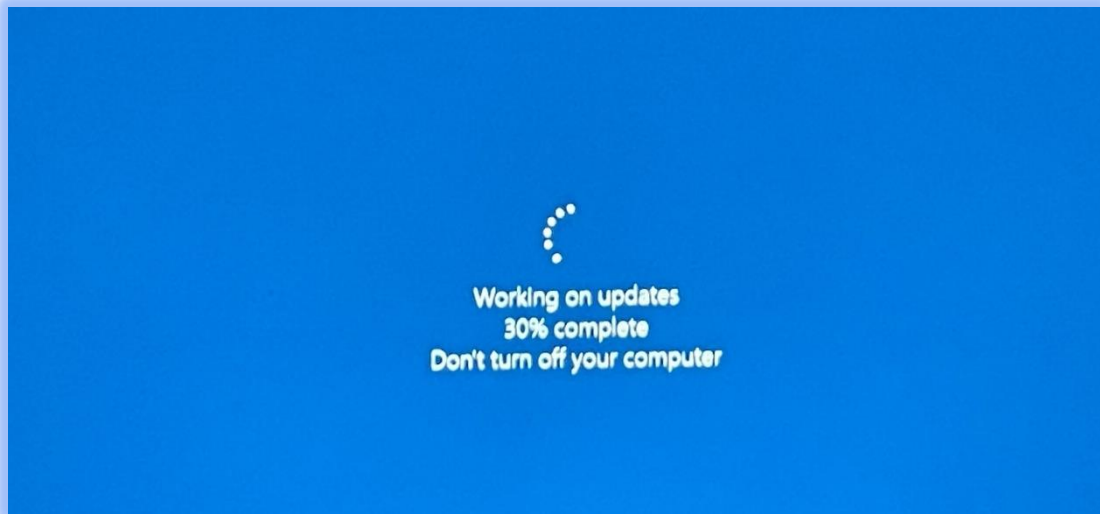


After the first Megalodon left many Froggies with too many unanswered questions, it was decided we would sit on the edge of our seat for the sequel.





And at the middle of the movie, right at a pivotal moment.....



We were bit by windows update!!!

## ***Don't forget about the photo contest!!!***

**North Shore Frogmen's Club Photo Contest – 2023**

**It's time to start thinking about your photos!**

### **Photo Contest "Rules":**

- **There will be only ONE category this year, voting will be for the BEST SUBMISSION.**
- Submissions are to be made by members of the North Shore Frogmen's Club *only*.
- Submissions to Mary Howard **must be made no later than Saturday, November 25, 2023** (in person at a meeting, by mail, or hand delivery – ask for my address!).
- Submitted photos must have been taken **since October 1, 2022**.
- Photos are to be submitted as prints, maximum size no more than 8 1/2" x 11".
- No mats or frames.
- Please label photos as to **orientation** (i.e., UP ↑), as there is no guarantee that this will be clear to me.
- Provide any photo **titles** you may wish to have displayed with your pictures. (I will not make up any titles, and titles really add a certain something on the ballot!)
- **Maximum of 10 submissions per photographer.**
  
- Voting for the best photos will be held at the meeting on November 30, the same night we vote on officers and Diver/Member of the year. Winners will be announced and prizes awarded at the President's Banquet on December 16.

**We are looking forward to seeing some fantastic photos from Club members!!**

*A big thanks to Mary for this!*

## Two More Articles submitted by Mary.

### Coastal Access:

Alex Vai of Surfrider Massachusetts (<https://massachusetts.surfrider.org>) attended the Bay State Council of Divers June 7, 2023 meeting in person to discuss the Coastal Access Bill. Surfrider Massachusetts, which is all-volunteer, is part of Surfrider Foundation, a national organization.

One of their concerns is Beach Access.

There are 1400 miles of coastline in Massachusetts, only 12% of which is accessible by the general public. State laws are archaic, where private property goes to low tide line, and has been in effect since 1647. The laws allow public access on those restricted properties for only 3 activities: fishing, fowling and navigation.

**There are bills which have been proposed by MA State Senator Julian Cyr** of the Cape and Islands, and **Representative Dylan Fernandes** of Barnstable, Dukes and Nantucket Counties. **The bills: S.462 and H.795.**

The proposed bill adds the word "RECREATION" to the wording of the current law, to allow such activities as surfing and SCUBA diving.

The goal of Surfrider is to get people and groups to work together for this common cause to educate the public and network, and to **ask everyone to contact their Massachusetts state legislators to cosponsor these bills - S.462 and H.795** - proposed for the 2023-2024 legislative session.

Please forward this information to your concerned friends!

### UPDATE, JUNE 2023

*An Act Relative to recreation on private tidelands (H.795/S.462)* was refiled without changes at the start of the 2023-24 legislative session by Rep. Fernandes and Sen. Cyr. These bills are currently awaiting a hearing before the Joint Committee on Environment and Natural Resources (date TBD).

(From the Surfrider website: [Expand Beach Access for ALL, MA! \(surfrider.org\)](https://surfrider.org).)

## Problem with Boaters?

A lot of boaters (especially new boaters, since Covid) are unaware of the dive flag law. If you, as a diver, have a problem with any boaters, try to get the boat numbers, or at least the boat name, and call the Environmental Police right away. Don't wait until after discussing it with your friends at the next Club meeting.

*Thanks again Mary for the articles!!*



# Secretary's Minutes

## Q3 2023 Meeting Summaries

**July 5, 2023**

Social Gathering at East Regiment Brewery

**July 12, 2023**

### **Regular Meeting**

Onion Town Grill Opened at 7:00pm

Members 14 (4 officers, 10 members)

### Dive Talk

Old Garden Beach:

10 froggies dove

low tide, long walk to beach, but sand all the way to the ramp

Dylan tried to lose his flag on 2 occasions, was successful in ditching Vinnie on one occasion

Brett and son, Jace, found Dylan's loose flag

Consider options for holding flag to allow for lobster hunting

Dylan did his 99th dive. Plans to make his 100th dive this Sunday.

Fin was on his scooter and zipped around the dive site.

Lots of stripers and short lobsters in the water.

Old Garden Beach

4 divers (Brett, son(Jace), Adam and Fin)

Brett did some lobster hunting and found a weight bag

New divers who joined us Nick, Jeff Gawrys and Tim Byrne

### Air Bubbles

To be sent out July 15

Need meeting minutes

### Old Business

VT Dive Event

Annette upset about not being able to host.

Because of flood roads, nothing is planned for next week.

Alternatives to VT Trip

Possible Day Events

Ft. Wetherill, (2 dives - dusk and dark)

Nubble Light

Kayak trips (Danvers River, Beverly Harbor)

Off-Cabot comedy night

Pierce Island

Pot Luck Dinner at V&V house

Salem Bit Bar

Communication of Events, through a variety of formats

Appreciation to Dodie for offering herself (her house) to the club.

### New Business

Move to Thursday for Club meetings effective August 3rd

Last week of the month would be a social gathering

T-shirt ordering with a deadline of end of August.  
A variety of styles, colors available.

July 26 Special Presentation.  
Brett to coordinate remote access

Boat Dive Labor Day Weekend (Saturday, Sept 2nd)  
Dylan to coordinate and reserve a spot

Comedy Night - Saturday, July 28, Vange to coordinate  
Bonefish Harry's for dinner out

Vinnie saw a steel 38 cu ft tank.

Whitney has been asking for more cards for her to hand out.  
Need to get more cards with flag on the back.

Adjourn 8:30pm

### **July 19, 2023**

Social Gathering and Trivia

### **July 26, 2023**

Special Presentation on Cuba

### **August 3, 2023**

Meetings moved from Wednesday to Thursday  
No Quorum, not an official meeting

### **August 10, 2023**

Beach Meeting, Gillis Park, Beverly, MA

### **August 17, 2023**

Regular Meeting at Onion Town Grill, 7:00pm  
Total Members 13, Officers 3, Members 9, Associate 1

Vinny presiding 7:27pm

### Dive Talk

Pebble Beach:

Old Garden Beach: Brett and son (Terry Date writer was present) Darryl (Fin) dove open circuit with full face mask. Lots of juvenile Stripers.

Vinny fed clams to Stripers underwater.



Nick Meyers, Adam and friend, Mary present, but did not dive.

Lake George

Peaks Island, Vacation by Vinny & Vange (ferry)

#### Old Business

Cape Ann II - not responsive to calls. Had a death on a previous dive to dry salvages.

Annual Picnic: Food, tickets for members, Raffle options (chance, booze, coffee, cards, coupons, donations) food donation,

Ropes Course - postponed to later in fall

Nick Fazah (East Coast Divers) Went through a life altering situation. Training to free dive the Andrea Doria.

Presentation on Horseshoe Crabs, 10/12

Dinner Night Out - Bit Bar (late Sep. early Oct)

Back Beat Brewery Trivia Night (Weds night) (August 30)

Fort Wetherall - Evening / night dive (Sat dives, Sunday local tour)

65th Foggie Gear

#### New Business

Election

#### Motion to Adjourn 8:29pm

### **August 24, 2023**

Regular Meeting, Onion Town Grill at 7:00pm

Total Members 12, (Officers 4, Members 8, Plus John Sears)

Start 7:09

#### Dive Talk

Sunday Dive; Lanes Cove at low tide. Fin, Adam, Nic, Dylan, Bill, Jace, Vinny, and Brett. Vange provided shore support. Fin was on open circuit and wet suit (full face mask on first dive). Vis good at 25 feet. Temp nice in the 60's, 50 at depth. Found large lobster below wall. Adam & Nic dove together. Bill was focused on photos of rock gunnel and sea robin and frilled anemone. Vinny got one lobster. Dylan, one of his more enjoyable dives. Got 3 lobsters. Several went to Lobsta Land for lunch.

John Sears wants to dive this Friday. Vinny and Skip to go. Others welcome.

Skip has the last US Divers Royal Aquamaster double hose regulator made. Compatible 3,000 psi tanks.

#### Old Business

Annual Picnic / Treasure Hunt

Coordinate on Food with Metro West

NSF Members eat free. Get tickets for food. Raffles to offset cost to club. Request members bring side dish and contribution to Food Pantry.

Fort Wetherall, planning for overnight with a night dive.  
Labor Day Weekend or later in September.

#### New Business

65th Anniversary Shirt - revised design  
Black Print on choice of color shirt and sized  
Need total of 24 items for the order.  
Prepay requirement. Vange to get orders.

OTG has been sold as of February, with possible extension. Looking for a new location beyond the end of OTG.

Movie Night later in September.

John Marion won \$87 from dollars box.

#### Meeting Adjourn 8:06

#### **August 26, 2023**

Board of Directors (BOD) Meeting, Egizi's House 12:05pm

Attendance: Dylan, Vinny, Mary, Ray, Fin, Bill W., Dodie, Vange and Susan (by phone)

#### President's Banquet

Reserved Village Tavern (50% down)  
Timing 4:00 to 8:30, maybe start earlier

Party favors for 65th Anniversary

- Shot glass
- Beer glass

Price per ticket slightly higher than last year. (\$50 to 60)  
pay for better food and party favor.

- Pasta buffet \$35, Chicken \$44

Less focus on music, limited dancing space, floor too dirty

Dress up (more formal) or 60's theme

Display video and photo's (photo contest)

Appointment of Banquet Committee to follow up on detail.

#### Meeting Location (9 months out)

February 2024 (at the earliest) with possible extension into spring.

ICC (Vinny a member) Park Steet, Beverly

Franco American Club

American Legion

Palmer's Cove (cheap organization and issue with John)

Olde Tyme in Lynn

Beverly Golf & Tennis (weekly cost)

Mission Boat House (public assess)

OTC new location in Danvers

### Calendar Items

Sept 30/Oct 1 - Night Dive, Ft Wetherill, Jamestown, RI

Sept 14 (rain date 21) - Movie Night Out; Meg 2, or Jaws

October 12 Speaker Meeting

Oct 14/15 Ropes Course; Danvers, Reading, Berlin

Oct 29 Pumpkin Carving Dive and party at Egizi (Independence Park)

Nov 16 Beer Night Out (Mike Denler's Birthday)

Nov 18 Hike (Bill) Dog Town

Nov 30 Election

Dec 16 Banquet

Dec 21 Officer turnover

Dec 28 NSF Pizza Night

Jan 1 New Year's Day Dive and Party

### Adjourn 1:40pm

### **August 31, 2023**

Social Meeting at Onion Town Grill

Photo Society Meeting by Zoom

### **September 7, 2023**

Regular Meeting, Onion Town Grill

Start meeting 7:10

Cooking Lobster: 10 minutes for first pound, 3 minutes per pound after that.

### Dive Talk

John and Skip dove at Front Beach last Thursday (8/31) Vis 5 to 8 feet. Found an egger lobster, did not take it. Skip dove his double hose regulator.

Mary went to Old Garden Beach on Sunday (9/3) and was assisted by most of the other club members. Dove at 15 feet and took pictures of some stripers, hermit crabs. Fin dove with others at OGB. John F. and Tim W. went to Lanes Cove. Fin was in the water for about an hour, vis was about 8 feet. Found stripers, moon snails. He was back on his rebreather after diving open circuit the last couple of dives. There was a small error fault in one of the computer outputs. Dave and Mary Stillman was there. A Rockport cop was interesting in diving and asked about the club. Matt from Undersea Divers was there with a private student.

Brett and son, Jace, dove together. Jace is still learning not to do "dumb" stuff underwater. Mary's fin found by Brett and returned to Mary.

### Old Business

Annual Picnic and BSC Treasure Hunt, Sunday, September 17

Raffle Items include "beverages" of various types (beer, wine, coffee and soda)

Members eat for free, \$10 for non-members

Members to bring side dishes or desserts to share.

Annette update from Dodie.



Outdoor Movie Night, 9/21

Ft. Wetherill Night Dive, Jamestown, 9/30 to 10/1 with overnight stay.  
A later afternoon dive followed by a night dive.

Special Presentation on October 12, need to promote the event across various platforms. Setup a Teams meeting to allow for remote connection.

Clothing notices to be sent out at regular intervals (countdown) and promoted across various platforms.

Dollar's box "won" by Linda Durso  
Motion to adjourn 8:12

### **September 14, 2023**

Regular Meeting at Onion Town Grill  
Meeting Start 7:05

Membership / Guest:

Matt Meyers from Doggie Dip, South Shore Neptune's member for over 20 years (2002), Dive Master certified.  
Wife (Kayley) just got certified at Undersea Divers.

Email exchange with Ben de los Reyes, Jr.

#### Dive Talks:

Matt dove in Key Largo, vis 5 feet and temp was 90oF

Fin and Brett went to Lanes Cove at high tide. Vis not great. Lots of short lobsters around, increased waves at end of dive. Temps around 50°F.

#### Air Bubbles:

#### Old Business:

NSF Picnic / BSC Treasure Hunt: Call for diving to be made on-site  
11:30 to 1:30 food service

Movie Night in Reading Meg 2 (Dylan to rent) (9/21)

Froggie Wear Sale ongoing (orders due 9/30)

Ft Wetherill dive (9/30) 2 dives - overnight stay is expensive  
Meet at dive site by 3:00pm  
In water by 4:00pm for first dive  
Surface interval  
In water for 2nd dive 7:00pm

Ropes Course on Sat. Oct 14 Reading or Berlin, weather dependent  
Get costs for sites

#### New Business

Ron Kaplan offering a boat for diving. \$500 for group up to 20.  
2 dives. Ask about safety items and liability issues.

Scuba swap at pizza night event.

Surf Rider Massachusetts working on coastal access  
Need to react to bills that are being acted upon.

Nantasket Beach Cleanup by New England Aquarium dive club.

Dollars box winner John Ferrier

Adjourn 8:18

### **September 21, 2023**

Outdoor Movie Night at Howard's House, movie: MEG 2

### **September 28, 2023**

Social Meeting at Onion Town Grill

Photo Society Meeting by Zoom

Gentle Reminder: Air Bubbles welcomes your content, please feel free to write articles and submit pictures.  
Please email content to Brett Harrison @ [ls6chevy@hotmail.com](mailto:ls6chevy@hotmail.com), make sure to edit "Air Bubbles" into the subject



**The North Shore Frogmen's Club  
meets weekly for business meetings,  
dives, and social events.  
Please join us!**



### **Air Bubbles**

The next quarterly edition of Air Bubbles will come out in October. All submissions should be emailed to Brett Harrison @ [ls6chevy@hotmail.com](mailto:ls6chevy@hotmail.com) by December 31<sup>st</sup>.