

Air Bubbles



The Newsletter of the North Shore Frogmen's Club

April 2023

President's Message By: Dylan Langelier

Just like that...Spring has arrived for the Froggies!

We have been a busy group these past months (in no particular order) from our annual New Years Day dive and party, to yearly club planning meeting, to winter hikes, movie premier at Onion Town Grill, club nights out at Backbeat Brewing Company, Barry Tavern, and Old Tyme Italian Cuisine, to an annual club favorite of Dim Sum in Boston followed by the NEAQ IMAX, to attending the Boston Sea Rovers Film Festival (also at NEAQ IMAX), to multiple club supported dives with chowder and hot cocoa (cooked by Ray Porter).

This is always an exciting time of year, with the milder temperatures and longer days begin to bring out divers in greater numbers to our favorite spots around Cape Ann (our own diving backyard ②). I am sure many of you are as excited as I am to get back into the water!

In addition to more enjoyable diving conditions, we are also getting closer to more outdoor activities, meetings, bonfires, and so much more. The Froggies have a packed schedule of events coming up and this Spring so keep your eyes out for reminder emails as well as visiting the clubs events page on our website www.NorthShoreFrogmen.com.

As always please email President@NorthShoreFrogmen.com with any ideas, questions or even just to say hello!

Member of the Quarter By: Dylan Langelier

Brett Harrison has from the start been a very active club member. He attends most meetings and any event he can. Brett is also part of the small portion of the club's die-hard winter diving crew, and temperatures have not seemed to be low enough to deter him from showing up and jumping in (in a wetsuit I will add!). Brett also is always willing to lend a hand with anything that is needed and has taken over the editorship of our quarterly Air Bubble's newsletter.

Diver of the Quarter By: Dylan Langelier

Daryl Findlay is a constant in the club's efforts to be under the water year-round and while being instrumental with the success of our weekly Sunday dive meetups. Daryl is a constant tinkerer with his gear frequently showing up with modifications he created himself. A true wealth of knowledge for both the sport of diving as well as a passion for photography.

A note from the editor

I wanted to take a moment to acknowledge Vange for all her hard work as chief editor of Air Bubbles. She has been a positive force by dedicating time to Air bubbles, as well as other efforts. So let me take a moment to say "Vange, thanks for being awesome!"

Winter Froggies...

1/22/23 – Winter Hike

For those of us that made it out, it was a fun frolic in a winter wonderland at Harold Parker State Forest. We hiked approximately 4 miles through trails with a light snow cover, adding beauty to a pleasant hike.













1/29 – Annual Planning Meeting

A little behind the scenes, every year the executive officers, as well as anyone who wants to come for the fun and food, get together and plan out the *ENTIRE YEAR* of activities. If you wish we did something more or different for an activity, please come and join us for the meeting, froggies are always welcome.

A few adds from Doddie

News about NSF Original Members by Dodie Carvalho

Several years ago I was wearing a North Shore Frogman's sweatshirt and was stopped by a man named Bob Osgood. He explained that he was one of the original members of the NSF. He remembered that their initial meetings were held in an airplane hanger on the Danvers River across from the Kernwood Country Club. He remembered the names of five other original members: Ron Day, Jerry Day, Art Channel, Frank Sanga, and Bob Garrett, as well as himself, Bob Osgood. I have just found this "old" note and thought I'd share it ... a little bit of history of our club's beginnings.

Beaches are not private sandboxes

To the editor:

Rockport author, the last Eleanor Parsons, once said that poems sometimes need a bit of prose to be understandable. While I think my poem is accessible, readers might be interested in the implications of the title. My title alludes to the folk hymn, "Down by the Riverside," where war will be studied no more.

Down by the Oceanside A Pantoum for our time

October, 2022 Horde not the holy incense of salt air,

The sand filled surf breaking on shore,

Sunrise and sunset over the sea.

Welcome wayfarers from

The sand filled surf breaking on shore,

Scuba divers are akin to seekers of the deep.

Welcome wayfarers from afar.

Our beaches are not private sandboxes.

Scuba divers are akin to seekers of the deep.

Sunrise and sunset over

the sea,
Our beaches are not pri-

vate sandboxes.

Horde not the holy incense of salt air.

SHARON R. CHACE, Poet Laureate of Rockport

Unfortunately, I do not have the original source of the either article to footnote

2/11 – Manopause

Submitted by Vange Egizi





On 2/11, Dodie, Mary, Susan, Diana, Dawn, and Vange attended <u>Menopause, the Musical</u> at Cabot Theater in Beverly. While the ladies were enjoying the show, Vinny, Ray, Peter, Mike, Greg, and Dylan enjoyed <u>Manopause, the Pub Crawl</u>. Afterwards, the two groups converged and enjoyed dinner at Acapulcos.

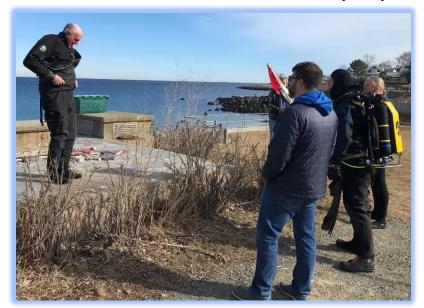


Thanks Vinny for the photos!

For those interested: Manopause Symptoms

- Irregular road rage cycles
- Heavy bleeding might occur for a day or two after using certain power tools
- Excessive sweating during night, day, afternoon, or morning while eating, watching TV, or just breathing
- Hot flashes when looking at yourself in the mirror
- Frequent urinary tract flow, especially after consuming several beers
- Fatigue, resulting in frequent naps
- Weight gain due to uneven fat distribution

2/12 – "Supported Dive" By Mary



Bill Werner on stage at OGB put the audience in suspense!!

Bill and Greg proving winter diving is not just for Dry Suits!!





Bonus prize if you can guess who is in the water

2/16 – Backbeat Brewing Company

Photo of the usual suspects

As some of us already know, we are in need of another meeting location. Not that we don't love the Onion Town Grill, but it will not be available to us much longer. Below Dylan, Vinny, Fin, Dawn, Mary, John, and Ray checked out the loft at Backbeat Brewing Company as a possible meeting location and enjoyed a few beverages.



2/22 – Dinner Night Out at Berry Tavern

By Vinny Egizi

On Feb 21st, eight Froggies enjoyed a great dinner night out. Dawn Denneler arranged the evening at Berry Tavern in Danvers, which is one of the places we were considering for our weekly meetings. Although not ideal for meeting, it was a great place to have a club dinner as they have an expansive menu and recently expanded the dining area. Even John Marren went outside his culinary comfort zone by ordering calimari and a burger. The attendeed were Dawn and Mike Denneler, Vinny Egizi, John Marren, Bill Werner, Dylan Langelier, Daryl Findlay, and



2/24 Dim Sum and IMAX Day

By Vinny Egizi

Thanks to Bill Werner, we had another wonderful day in Boston on Feb 24th, enjoying Dim Sum in the morning and watching two IMAX films at the New England Aquarium (NEAQ) in the afternoon. We normally go to China Pearl for Dim Sum, but this year we tried Hai La Moon and it was terrific. In total there were 15 Froggies enjoying a variety of mystery foods for a very reasonable price. Afterwards, most of us roamed around China Town and then met at Quincy Market where we enjoyed a few beverages at The Black Rose before heading over to NEAQ. The first movie was "Secrets of the Sea" in 3D and the second was "Cephalopods: Aliens of the Deep" (although they are not really aliens because they belong there). We learned that Octopus (or is it Octopi) have a brain in each tentacle and other facts that will be useful as ice breakers at the next cocktail party.









To close out the afternoon, 10 of us met at Mr. Dooley's Pub, where we squeezed into a five-person booth for some drinks and live Irish Music.



 $3/12-Sponsored\ Dive$ This was an interesting dive as we had 20-25mph winds creating poor visibility and other issues; but we trucked through!





3/26 — Saint Patrick's Party

A great time was had by all. Good food and friends makes a Froggie "Saint Patrick's Party" a success.



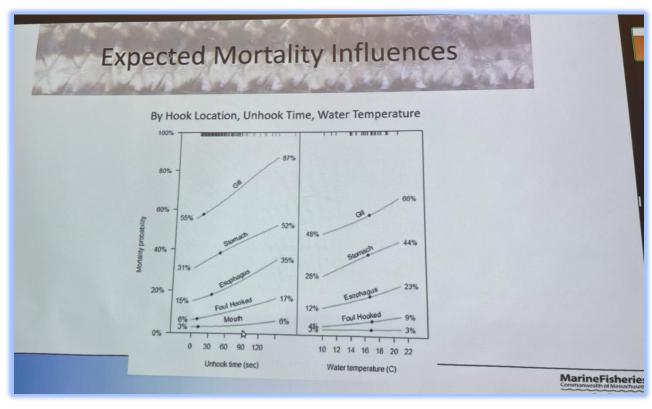




3/15 – Regiment Brewer / Cat Cove Marine lab

If you missed it this was a great presentation on fisheries. Among the talking points, how the way a fish is hooked and different types of hooks affects the survival rate of the fish!





3/29 – Olde Tyme Italian Cuisine

Club dinner out to try out a new place





Secretary's Minutes

January 4, 2023

First Regular Meeting of 2023

Onion Town Grill

Call to order 7:06

Attendance - Officers 3, Members 9

Guests - None

Dive Talk -

Brett - New Year's Day Dive, Loblolly Cove Rockport. New dive computer and new fins. Squirrel found (most unusual find). Dylan and Adi also dove

Committee Reports

Air Bubbles - Vange offering to hand it off. Brett to take it on. Art Channel published Air Bubbles as a monthly newspaper article that was published in the local paper before it was a regular club newsletter.

Old Business

N/A

2022 Year Review

New Business

Lobster license due for renewal. Application is out. \$55 for 2022. Online, Gloucester or by mail

Annual Planning Meeting - Sunday, Jan 29

Vinny and Vange to host

Hiking/Event local - Jan 21/22 weather dependent

post hike food & beverage

Sea Rovers - Film Fest in March

Club to buy tickets for club members to promote event and encourage participation.

Vermont Trip - Mid July

New Home:

- Back Beat Brewery alcove available, upstairs has open area with cargo elevator.
- Franco American Club may not be an option.
- Beverly Golf & Tennis looking for room rental fees.
- East Regiment back space available
- Azorian has function room space.
- Ward Herst Peabody
- ICC been closed for past 2 years, may reopen

Winter Diving - Special dives with rain date

Feb 4 with 11 as backup

supported dive - cocoa and chowder.

Dollars Box - Jon Mulsman \$26

Adjourn 8:01

January 11, 2023

Social Gathering

Onion Town Grill

Call to order 7:07PM

Attendance - Officers 3, Members 7, Guest(s) 1

Guests - Melissa

Melissa is a diver (Michael Aery spouse), would like to do more NE diving (currently only resorts). Certified in 2021, in Greece – 96 dives. Introductions were made.

Dive Talk -

New Year's Dive – Dylan wasn't here last week; his dive was beautiful! Conditions incredible, clarity was incredible, slack tide. 3 went in at low tide, long swim to depth, max 23 ft. Not a lot of life but saw a sea raven. Minutes for last week accepted as read.

Old Business:

Jan 21-22 Hike – RAY to be in charge of planning.

NSF Planning Meeting scheduled for Noon on Sunday 1/29. BYOB, BYOS (snack to share). Date subject to change if Vinny doesn't make it home on time.

BOD meeting 10-12 same day same location.

New Home -

Backbeat Brewery possible for interim meetings. Cargo elevator could be used as needed. No up and down during meetings, but okay to hang out downstairs after meetings.

Dawn has checked a few places. **Berry Tavern** in Danvers, good option, reservation for first Weds after Super Bowl. Can have meeting behind partition at 7pm. Not a good location for a presentation.

Has a couple of other places to check out.

Suggest: 1 week at Berry Tavern, 1 week at Back Beat, 1 week at East Regiment.

Suggest: If **Onion Town** continues to stay open, for any reason, we should stay, but continue to look for a permanent home.

Change "Supported Dive" to from 2/4 to Sunday, 2/5, back-up date is 2/12

NOTE, NEW WINTER DIVE MEETING TIME, MEET AT 9:45, DEPART @ 10

Vermont Week: July 14-21 (Fri-Sat) is suitable for Annette for the Vermont week.

Sea Rovers – Believe they will have a Film Festival in March 2022.

If Sea Rovers asks for a donation, maybe the Club could buy tickets for club members to promote event and encourage participation.

New Business:

Pay Ellen for past 6 mos. (Jul-Dec) and ask her to cancel the account going forward.

Dollars Box – Bill Wimsatt

Adjourn 8:23PM

January 18, 2023

Presentation Meeting

Abbot Public Library - Salem Sound Coast Watch - "Saving Our Shoreline in 2023"

January 25, 2023

Regular Meeting

Onion Town Grill

Meeting minutes for 1/25/2023 - accepted as read

Old Business

- Planning Meeting discussion of events for 2023
- Dim sum and Movie at NEAQ IMAX planned for 2/26
- Club supported dive moved to 2/12
- Salem State Dive Club introduction (Samantha)

New Business

New Home at Back Beat Brewery, Beverly on 2nd floor. Parking at Back Beat options.

Onion Town Grill to be open to the end of March

Treasurer Statement for 2022

- Net loss for 2022 \$526.72
- Dollar Box options that spreads cost across broader membership
- Income sources dues and raffles
- Expenses contribution to educational activities
- Tax status as a 501(c)7 educational org vs 501(c)3 tax exempt org.

Women's Dive Day (7/22) support by membership

- Define role for the club to support the event.
- Contribution to the scholarship fund
- Limit of officer's discretion expense remains at \$200.

Proposed bylaws changes to accommodate changes as to the way we currently operate

Role of Historian to be discussed.

Archivist vs Historian

Communication dynamic over the year

Facebook NSF page / Facebook Members group

NSF emails - weekly updates

Webpage - most outwardly looking page

Air Bubbles - more for historical summary of current events

Dollars Box - John Sears not in attendance

January 29, 2023

Board of Director's Meeting

Vinny and Vange Egizi's house

10:30am start

Attendees: Dylan L., Vinny E., Mary H., Ray P., Daryl F., Susan C., Dodie C., and Vange E.

Bill W. on BOD, but not in attendance

Agenda

- Tax Status
- Bylaw Updates
- Committee Assignments
- Role of Historian
- Spending Limit
- Meeting Place and Times
- WHOF Dive Day
- VT Trip
- Sea Rovers

Topics of Discussion

• Tax Status

Current NSF status is a 501(c)7 Educational non-profit organization. NSF will assess whether it can apply for 501(c)3 Non-profit, tax-deductible status. Action: Vinny, Dylan and Ellen to investigate Tax Status Issue.

• Bylaw Updates

Some edits to the bylaws were discussed to improve our chances to qualify.

Article 2 Purpose - Revise to better reflect the qualifications for 501(c)3 status.

Article 15.5 Duties of Officers - Clarify responsibility to maintain filings for non-profit status.

Article 16 Committees - Historian role discussed as to whether it should remain or be incorporated into other roles.

- Committee Assignments
 - Membership: Dylan, Vinny, Ray & Mary
 - Program: Vange, Dylan, Vinny, and Ray
 - Air Bubbles: Brett and Vinny
 - Historian: Ray, and Dylan (Mike G.)
 - Website/IT: Daryl and Dylan (Marcus)
- Role of Historian
 - The role of Historian was discussed. There is a need to update historical records to cloud storage site. NSF maintains records on the BOX.net site, website, and Dropbox. Annual maintenance of records needs to be coordinated across all officer positions. There was also an interest in capturing records, photos, videos, and oral history.
- Spending Limit

Change to the officer spending limit was discussed. No change to the limit of \$200 made.

• Meeting Place and Times

The Onion Town Grill will close. Back Beat will be the default meeting location until a more permanent location can be found. East Regiment brewery will serve as the site for presentations and public gatherings. Other sites are being investigated.

The meeting day (Weds vs Thurs) was discussed. Decided to stay with Wednesday meetings.

• WHOF Dive Day

The WHOF Dive Day will be combined with the REEF Great American Fish Count. The date will be July 22. There will be no need for NSF to offer BBQ services in 2023. This may change after 2023. A donation to the scholarship fund will be considered.

• VT Trip

The dates for the VT trip will be July 14 to 22.

Sea Rovers

Sea Rovers will be Movie Night Only on March 17. Tickets to be purchased individually.

February 1, 2023

Regular Meeting

Onion Town Grill

Started at 7:20pm

Members 9, Guest 1, Officers 4

Dive Talk

Greg - Dive Trip

Pacific Fleet, Socorro Islands

Meeting minutes for 1/25/2023 - accepted as read

Old Business

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Dollars Box - John Sears not in attendance

February 8, 2023

Regular Meeting

Onion Town Grill

Call to order 7:07PM

Attendance - Officers 3. Members 8

Minutes for last week accepted as read.

Dive Talk

Bill went to Roatan with Undersea Divers (and is brother), Anthony's Key Resort, no complaints about resort. Underwater: they have pretty fish, but a lot of corals are dead, not much for invertebrates. Are doing a lot to restore coral, are treating coral with antibiotics. Dolphin and shark events are separate options. Dive master and boat were great, and great group of people. Would not recommend diving at this time. Good time was had. Explanation from Susan about Roatan, some other parts of Roatan are more protected and colorful. Different parts have different problems.

Old Business

NSF, Club supported dive, at Stage Fort Park, arrive at 10AM. In the water at 10:30-10:45. Chowder and hot chocolate after.

Dim Sum scheduled for 2/26. Bill has been asked to plan where. Meet in Boston about 10:30. Get your own tickets.

East Regiment on 2/15, talk about Shoebert, meet @ 6PM. @ 6:30 Dylan will discuss the Club for 15 minutes. Zoom presentation @ 6:45. Raffle?

Barry Tavern Club dinner on 2/22 @ 6PM.

Dawn set up Old Tyme Italian Cuisine in Lynn lunch for Saturday. Cute, good menu. They have a smaller function room, similar feeling to Onion Town. Offer to community groups for free, food an drink available. Options for parking. Next club night out should be at Old Tyme Italian Cuisine. Dawn will contact the restaurant.

New Business

Speaker option: Chad Smith VP of Cape Wind, potential East Regiment Wed Talk. May-June.

Pamphlet: Vinny, Ray and Daryl reviewed and edited the pamphlet, now posted to website (member section). Now somewhat more relevant.

Manopause, not the musical, meet at Old Planters' Brewery. Probably go to dinner with or without the women afterwards.

Dollars Box – Al Morris

Adjourn 7:55PM

February 15, 2023

Presentation Meeting

East Regiment Brewery Salem Sound Coast Watch

"Shoebert the Seal"

February 22, 2023

Dinner Out

Berry Tavern

March 1, 2023

Regular Meeting

Onion Town Grill

Dive Talk

- Brett Dove Plume Cove dove with 2 others (Kevin and Audi)
- Kevin, the new diver was wet throughout the dive. Brett helped Kevin get out of this gear. Addressed a leak with an O-ring issue.
- Brett and Fin dove at Old Garden Beach. 40 ft vis took some photos. Posted pics to Facebook.
- How to help new divers as they are on a club dive.

Committees

- Air Bubbles sent articles can be sent to Brett at AirBubbles@frogmen.com. Brett got articles from Vinny. Looking for submissions by March 18 for issue by April 1.
- Calendar provides overall meeting activities. Weekly emails provide the most up-to-date activities. Facebook page and group posts outward facing activities.
- Membership Renewal of membership for Jeff Gawyrs. Approved.

New Business

- Meeting Day Change Propose to move meeting from Wednesday to Thursday. Discussion: Last Thursday would support Photo Society and still have a social meeting. Wait until May 1 to make a final discussion to allow time to promote the day change.
- Last meeting of March (3/29) to be organized by Dawn.

Old Business

• The BBNA to be argued in court next Thursday morning about beach rights related to Back Beach in Rockport.

Vin's Vignettes

- Nantucket wreck
- Whale and ship interactions.

March 8, 2023

Regular Meeting

Onion Town Grill

Started at 7:01

Attendance: 1 officer, 9 members, 1 guest (Terry Date)

Old Business

Club Sponsored Dive 3/12

Meet at BK at 9:30 (depart at 10:00)

Old Garden Beach (depending on weather) 10:30

Can bring food to share.

Presentation meeting at East Regiment Brewery on 3/15

Vinny spoke with Annette this week about plans for the VT Trip.

New Business

St Patrick's Day Party on 3/25 at Mary's house

Terry Date from Eagle Tribune interviewed Club for an article.

Dollar's Box Annette Spaulding (not present)

Ended at 7:25

March 15, 2023

Presentation Meeting

East Regiment Brewery

Salem Sound Coast Watch

"What is Happening at Cat Cover Marine Lab"

March 22, 2023

Regular Meeting

Onion Town Grill

Call to order 7:11PM

Attendance - Officers 2, Members 8

Dive Talk -

Mike D managed to "steal" a tank to dive on the Hilma Hooker (Bonaire) while he and Dawn were on a cruise. The wreck starts at 45', goes to 100'. The story is that the pumps failed and the wreck sank between two reefs. Temp 82-84°F. First dive since his knee surgery. Visited "Jibe City" bar.

<u>Supported dive on 3/5</u>: Fin's comments: We met at BC. Wind direction bad for OGB, so went to Fort Sewell which was blown out. Went around the corner, chop caused total lack of viz. Fin dove for 15 min braille dive, found rocks, clams, crabs. The divers were Fin, Brett, Nick and Jeff. Support = Ray, Dylan, and Mary.

Next supported dive April 2.

Old Business:

Dodie very likely will not be able to host the Easter Egg party on 4/16 because she will have surgery 4/6. Any volunteers to host?

Hike on 4/8? Suggestion of Red Rock at intersection of Rte. 133 and Rte. 128. Fin knows where it is. No decision yet.

Suggestion to do a hike at Dog Town sometime later on. Dodie would like to do it when she's better.

NEXT WEEK: Dinner out at Old Tyme Italian Cuisine in Lynn – parking might be an issue. There is a church across the street. This place might be able to host us for meetings.

General Discussion:

There was a BSC meeting on 3/8. We have an editor for a newsletter which will be distributed shortly.

<u>Vin's Vignettes</u>: First right whale calf has been spotted.

Dollars Box – Keith Anderson

Adjourn 7:42 PM

March 29, 2023

Dinner Out

Olde Tyme Italian Cuisine

Possible future meeting site

The North Shore Frogmen's Club meets weekly for business meetings, dives, and social events.

Please join us!



Air Bubbles

The next quarterly edition of Air Bubbles will come out on July 15th. All submissions should be emailed to Brett Harrison @ <u>ls6chevy@hotmail.com</u> by July 1st.

