
Air Bubbles

The Newsletter of the North Shore Frogmen's Club

Volume 42, Issue 10

October 2000

President's Message

Hello Everyone,

First I want to thank Dave Smith for his efforts in Coastal Sweep 2000. We celebrated our efforts with many high school students from Wakefield working on community services. The *Gloucester Times* came by and reported this event. Also, many Gloucester residents inquired and were pleased about our Dive Club cleaning up this beautiful beach (Niles). Thank you, Dave.

There is a phone # we can call from a cell phone for weather conditions before deciding on a dive location, *786. Make note for future reference.

Thank you to the Calendar Committee. The calendars are awesome and are available for purchase our meetings.

Our banquet date is Saturday, December 2. Tickets will be available soon. Thank you, Bobby Boyle for your support of the club. We are all routing for you.

Congratulations to Mike and Jennifer Turner on their wedding.

Linda Marshall

Officer Election November 30th

We will be voting for the officers for 2001 at the November 30th meeting. Please plan to attend and cast your vote.

The slate is as follows:

President – Peter Cassidy
Vice President – Bill Gannett
Treasurer – Rich Kincade

Deadline for Next Month's Air Bubbles

The deadline for submissions to next month's Air Bubbles is November 20th.

E-mail articles to me at megdoyon@cs.com.

Meg Doyon

Dive Time Changes

Meeting times for both Sunday Mornings and Wednesday night dives have been changed - effective immediately.

Sunday dives are now meeting at 8:30 and departing at 9:00 AM sharp.

Night dives are now meeting at 6:30 PM - still at Back Beach, 1st & 3rd Wednesdays of the month.

Letter From Peter Cassidy

Dear North Shore Frogmen Members:

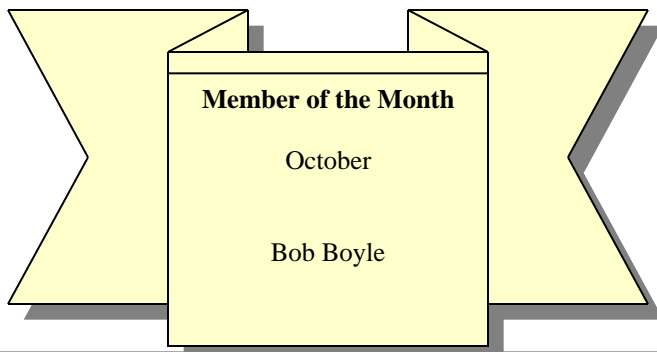
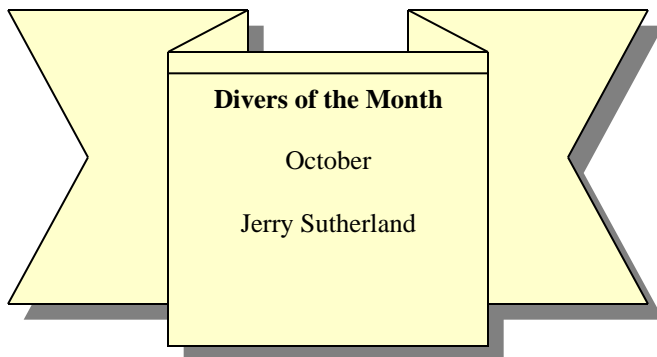
I have accepted the nomination of president of the North Shore Frogmen's Club in the upcoming election. Having been president of the club in 1987, I know what the position demands.

I would like to thank the other candidates who have also accepted nominations and would encourage anyone else to join the race.

Since I don't perceive any "hot" campaign issues facing our club, I would state that my primary goal as president will be to promote the overall positive experience we get at meetings, events and dives. In addition to the fun times we have at gatherings, the friendly way in which we share our knowledge and experiences is what makes our club great.

Thanks for your support.

Peter Cassidy



Freddie the Frog Patches!

A **green** Freddie is on a **red** Dive Flag with North Shore Frogmen on the Stripe. The size is perfect for hats, jackets and gear bags. Wear Freddie on your stuff and display your club spirit!

These are great looking, very colorful patches, and a steal at \$4 each or 3 for \$10.

Freddie the Frog HATS Yes - HATS!

Freddie is sitting high atop an assortment of **baseball style hats**. The hats are available in many different colors and materials. The cost is \$10 each. Put Freddie on your top and tell the world you are a Froggie!

Freddie the Frog SHIRTS Yes -SHIRTS!

Freddie is proud to be sitting on the chest of our **polo style shirts**. The shirts are available in a variety of textures and colors. Men's Sizes: L, XL, XXL, & XXXL.

Quantities are limited. The cost is \$10 each. Wear Freddie around town and tell everyone you are a North Shore Frogman.

See Mike Denneler at the meetings.

For Sale



DUI Dry Suit. Ideal for 5'4", no more than 125 lbs. New zipper. Less than 20 dives. Very good condition. \$500. Call Patty at (978) 373-9381.

Two XL Akona Back Pack bags in new condition, never used to haul dive gear to dive sites. These were bags I used to carry samples. \$60 each or best offer. Contact Al Morris at Mycaal@aol.com

CF 200 Men's XL short in great condition front entry color Red and Black (no rock boots) asking \$1000 or best offer.

Women's CF200 rear entry medium (about a women's size 8), black (no rock boots) asking \$1000 or best offer.

A pair of Genesis double100's oxygen clean need VIP used four times. Asking \$800 or best offer. Miscellaneous Regulators

Contact Rodney @ Rokfish2@aol.com

SEWING BY JEANNIE

Drysuits, wetsuits, Jeannie Boots/Undergarments, Seals, Zippers, etc.

Sewing and alterations of all **types** - dive related and non-dive related.

Contact Jeannie Rahilly at 978-664-6225 or jrjmdiver@aol.com

Private or group sewing lessons available



Recipe Corner

PUMPKIN AND MUSSEL SOUP

1 (2 pound) pumpkin, seeds discarded, cut into cubes

Vegetable oil

2 tablespoons olive oil

1 cup finely chopped onion

1 teaspoon minced garlic

1 cup white wine

2 pounds mussels, scrubbed and debearded

5 cups vegetable or chicken stock

1 cup heavy cream

1 tablespoon finely chopped fresh chives

Salt and pepper

Preheat oven to 375 degrees F. First cook your pumpkin. In a bowl gently toss together the pumpkin cubes and a little vegetable oil. Place pumpkin on a baking sheet and roast for 15 minutes or until tender. Meanwhile, heat the 2 tablespoons of oil in a large stockpot, add the onion and garlic, cook for 3 minutes, stirring occasionally. Add the white wine and mussels, cover and steam for 4 minutes or so until the mussels just begin to open. Using a slotted spoon, remove only the mussels and allow them to cool. Then add the stock to the soup pot along with the roasted pumpkin. Bring to a boil, reduce the heat and simmer for 15 minutes. Meanwhile, remove the mussels from their shells and reserve all the juices. Using a hand held blender or transfer mixture to blender and then return to the stockpot, and puree the soup base. Now add the cream, chives, mussels, and their juices to the puree. Season to with salt and pepper and ladle into soup bowls

UNDERSEA DIVERS

SCUBA & SNORKELING CENTER

AQUA LUNG

SEAQUEST

BOB BOYLE
42 WATER STREET
BEVERLY, MA 01915
978-927-9551

NEWS RELEASE August 2000

PDIC (Professional Diving Instructor Corp.) and The Underwater Club of Boston will host the 51st Boston Scuba Show at the Holiday Inn and Resort in Marlboro, Massachusetts.

Scheduled for February 17, 2001, the Boston Scuba Show will feature Cathy Church, America's premier in-water photographer in a special PDIC Celebrity Series Presentation, an afternoon with Cathy Church. Her husband, Herb Raphael, will join Cathy.

The Boston Scuba Show audience will have a very rare opportunity to spend an afternoon with Cathy as she describes her special techniques for underwater photography, which have made her a legend in the field.

The Boston Scuba Show, directed by Alan Budreau and produced for PDIC by Fred Calhoun, starts at 10 am on Saturday, February 17, 2001 and continues through to 4 pm.

Tickets at \$10 each will be available at the door or may be acquired in advance through the mail by writing to Cecile Christensen, Apple Ridge 2-6, Maynard, MA 01754. Checks payable to PBDIC. Show phone is 978-897-0877.

Thank you,

Fred Calhoun
Apple Ridge 2-6
Maynard, MA 01754
978-897-0877

Beach Clean Up Report Niles Beach September 23, 2000

By Dave Smith

My reasons for organizing the cleanup were two-fold. First, because I care about the environment. As a kid, I spent many a summer in cottages on the Annisquam River and enjoying afternoons at Long Beach and Good Harbor. Second, there is an uneasy tension between lobstermen and divers; both after the same quarry. I wanted to put divers in a positive light; that divers are not out to clean their traps. Divers can make a positive impact on the environment that supports the lobsterman's industry. I believe in a way each has something to offer the other.

When I first got there, I could see that there was at least 200 pounds of trash for the taking. Little did I know that by day's end, that number would be thoroughly "trashed." In fact, it was passed within the first hour! The first people who showed up were some local residents who were unaware that we were doing the clean up that day. They were very eager to join in and help out. We were joined by 24 students and teachers from the Ecology Club of Our Lady of Nazareth Academy in Wakefield. After showing everybody how to be a "Data Detective", they went out in search of all trash, large and small.

The debris they came up with was astounding. Of course, the perennial winner was the cigarette butt followed by cans, bottles, paper wrappers, plastic bags, clothing, fish nets and lines, on and on and on. We removed a large amount of driftwood. Lots of pieces of old piers, crates, and marine barrels.

Unfortunately, the Data Detectives did come across a dead seagull, which was trapped in monofilament fishing line. The geography of the area makes this beach act like a catch basin. The beach faces due south. You can see Boston straight out from the beach. Storms that come barreling up the coast push all the driftwood and anything else floating around out in the ocean up into this area.

That explains all the larger objects but there really is no excuse for the reams of man-made trash we cleared from the beach. Interesting to note, divers in the water accounted for less than 50 pounds of trash. Just the usual bottles and cans. This leads me to think that any trash that does come in doesn't have very much time to sink to the bottom. Visibility was not good; 5 to 10 feet at best. Any trash that was found to be sustaining a colony of sea life was left to live on.

Bottom line for the day; CoastSweep 2000 at Niles Beach freed the beach of over 600 pounds of driftwood, tires, old chairs and signs. The volunteers "bagged" another 628 pounds of cups, butts, bottles, etc. making a grand total of 1,228 pounds of unwanted eyesore. A truly incredible effort!

Best thing was, during the day a security officer for a nearby private residence, windsurfers, surfcasters, and people who do nothing more than walk the beach came by to thank me profusely for spending the day clearing the beach. It was a great effort by a lot of people who decided to donate their Saturday for the environment.

The North Shore Frogmen who provided above and below water support and I, most of all, would like to offer my sincere appreciation for the Ecology Club of Our Lady of Nazareth Academy. I know without a doubt that the

world's ecology future is sound with young people like these getting involved. St. Francis would be proud!

Best line of the day: On a data card, submitted by a group of 10yr old girls who made the clean-up as part of their birthday party; on the entry "Length of beach cleaned", the reply was "All of it".

Editor's Note:

Dave, words cannot express my thanks to you for taking on this incredible challenge and helping to make our beaches a better, cleaner place. You have done the entire area an incredible service and have set a great example for people everywhere. You are to be commended and I, personally, am very proud to belong to this club with you as a member.

The winner of the drawing for the Museum of Fine Arts Tickets provided by Mass Coastal Zone Management for CoastSweep was Linda Marshall!

Slide Show by Andy Martinez

On Thursday, November 30th, Andy Martinez will present a slide show on Marine Life of the North Atlantic.

This should be an incredible show.

Annual Banquet

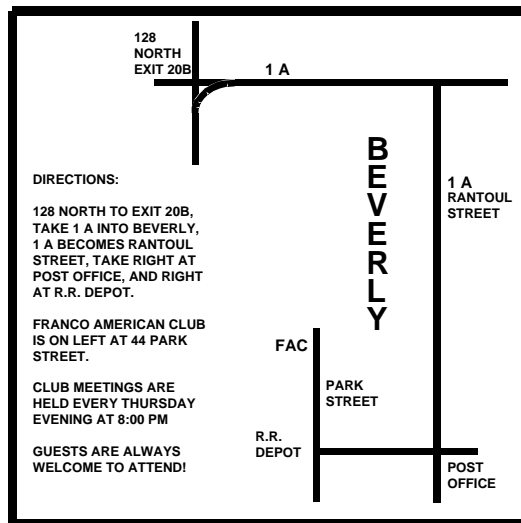
The Annual Banquet will be held on Saturday, December 2, 2000 at the Franco American Club in Beverly.

Tickets will be available soon.

Club dives are held every Sunday morning– meet at the Burger King on Rt. 128.

Night dives are held on the 1st and 3rd Wednesdays of each month

Club meetings are held every Thursday evening at 8:00 PM at the Franco American Club in Beverly. Guests are invited to attend the meetings! Directions: 128 North to Exit 20B – take 1A into Beverly, 1A becomes Rantoul Street. Take a right at the Post Office and a Right at the Depot. F.A.C. is on the left at 44 Park Street.



***North Shore Frogmen's Club
P.O. Box 3604
Peabody, MA 01960***