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# Air Bubbles

The Newsletter of the North Shore Frogmen's Club

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**Volume 42, Issue 8**

**August 2000**

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## President's Message

Hello All,

I hope everyone is enjoying the summer.

I am looking for pictures of New England wrecks to donate to Bruce Bateman in exchange for an excellent lecture he is willing to give to the North Shore Frogmen on this subject. If you have any and are willing to part with them (I will make copies, if necessary), you can mail them to me, or bring them to the club meeting.

Welcome and congratulations to our newest club member, Paul Stamegna for completing his Open Water certification.

Anyone interested in camping in Wells, Maine during our camp and dive weekend on September 1, 2, 3 please call 207-646-5612 to book your spot. Be sure to request Section V. Our Nubble Light dive will be on Saturday, September 2 at 1:30 PM (high tide time), then back to the campground for a gathering. I have directions if anyone needs them. Flyers are also available at the meetings.

Dave Smith is organizing our beach clean up for Saturday, September 23<sup>rd</sup>.

Our annual picnic will be on Sunday, September 24 at State Fort Park. We are inviting members from all the other dive clubs to join us.

See you,  
Linda

## Deadline for Next Month's Air Bubbles

The deadline for submissions to next month's Air Bubbles is September 15th.

E-mail articles to me at [megdoyon@cs.com](mailto:megdoyon@cs.com).

*Meg Doyon*

## Beach Cleanup

We are scheduling the beach cleanup for Saturday, September 23<sup>rd</sup>. We are looking for a good turn-out and a beach in need.

Contact Dave Smith.

## Casino Boat

We are planning a day or a night out on the S/S Horizon's Edge. This departs from 76 Marine Blvd in Lynn.

We are aiming for mid-August. Stay tuned for more information.

## Annual Picnic

Our Annual Picnic will be at Stage Fort Park in Gloucester, MA on Sunday, September 24th.

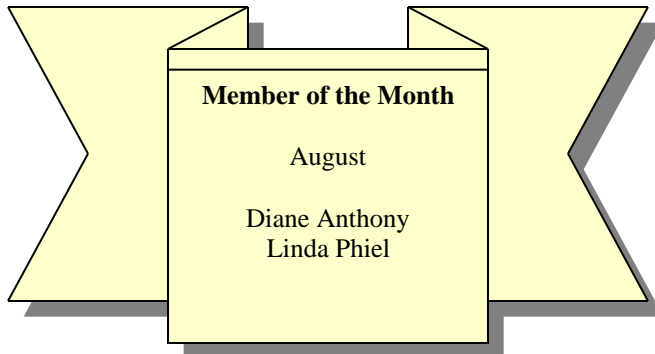
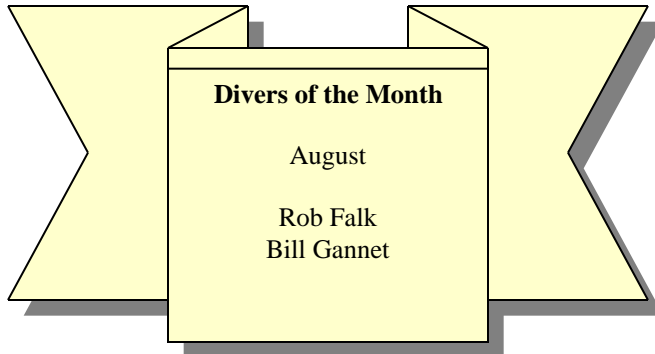
Bring a chair, a guest, and a smile. Come prepared to have a good time.

Visit our website at [www.northshorefrogmen.com](http://www.northshorefrogmen.com)

## Nubble Light Dive and Camping

This annual event will take place on Labor Day weekend as usual at Beach Acres in Wells. This is always a great time!!

Call 207-646-5612 and request Section "V". No pets allowed.



## Diving in Bermuda

Linda Marshall is organizing a diving trip to Bermuda aboard Blackbeard's Cruises for March/April, 2001.

Please see Linda if you are interested.

## Time Change for Sunday's Dives

Effective Sunday, July 2nd, the meeting time for Sunday's dives has changed. We will now meet at 8:00 and leave at 8:30. For those arriving after 8:30, there will be a note posted on the pole in the parking lot across from the front door of Burger King. The dive location will be listed there.

## For Sale



DUI Dry Suit. Ideal for 5'4", no more than 125 lbs. New zipper. Less than 20 dives. Very good condition. \$500. Call Patty at (978) 373-9381.

Two XL Akona Back Pack bags in new condition, never used to haul dive gear to dive sites. These were bags I used to carry samples. \$60 each or best offer. Contact Al Morris at Mycaal@aol.com

CF 200 Men's XLshort in great condition front entry color Red and Black (no rock boots) asking \$1000 or best offer.

Women's CF200 rear entry medium (about a women's size 8), black (no rock boots) asking \$1000 or best offer.

A pair of Genesis double100's oxygen clean need VIP used four times. Asking \$800 or best offer.

Miscellaneous Regulators

Contact Rodney @ Rokfish2@aol.com

## Wanted to Buy: Used Children's wetsuits

Linda Marshall is looking for 2 used children's wetsuits. Contact her at (978) 750-3698.

## New Freddie the Frog Patches!

A **green** Freddie is on a **red** Dive Flag with North Shore Frogmen on the Stripe. The size is perfect for hats, jackets and gear bags. Wear Freddie on your stuff and display your club spirit!

**These are great looking, very colorful patches, and a steal at \$4 each or 3 for \$10.**

## New Freddie the Frog HATS Yes - HATS!

Freddie is sitting high atop an assortment of **baseball style hats**. The hats are available in many different colors and materials. The cost is \$10 each. Put Freddie on your top and tell the world you are a Froggie!

## New Freddie the Frog SHIRTS Yes -SHIRTS!

Freddie is proud to be sitting on the chest of our **polo style shirts**. The shirts are available in a variety of textures and colors. Men's Sizes: L, XL, XXL, & XXXL.

Quantities are limited. The cost is \$10 each. Wear Freddie around town and tell everyone you are a North Shore Frogman.

See Mike Denneler at the meetings.



## Recipe Corner Potato and Lobster Claw Salad

### INGREDIENTS:

16 uncooked lobster claws – you just need the claws for this salad, so you can prepare the tails however you want.  
4 pounds medium red potatoes, scrubbed but not peeled  
1 cup mayonnaise  
1 sweet onion, finely chopped  
1/4 cup plus 2 tablespoons fresh lemon juice  
3 tablespoons Dijon mustard  
1/2 teaspoon freshly ground pepper

Bring a large saucepan of water to a boil. Add the lobster claws, cover and bring back to a boil. Uncover and boil the claws over moderate heat for 6 minutes. Drain and let cool, then refrigerate until cold.

Crack the claws and remove the meat in one piece. In a large pot, cover the potatoes with water and bring to a boil. Add salt and simmer over high heat until tender, about 25 minutes. Drain the potatoes and let cool, then halve them.

In a medium bowl, combine the mayonnaise, onion, lemon juice and mustard; season with 1 1/2 teaspoons of salt and the pepper.

Fold in the lobster and potatoes and refrigerate until chilled or for up to 3 hours. Serve cold.



Put away your fins and put on your dancing shoes - Seamark 2000 is right around the corner! (Tuxedos required for penguins only.) Saturday, October 7, 2000 - New England Aquarium Tickets only \$20.

This fall's Seamark Fundraiser is the perfect way to wrap up a great summer. We're mixing things up a little bit this year, with a focus on the fun! A Jimmy Buffet cover band is flying in from Virginia Beach and will setup behind the Aquarium under a huge tent. With a play list featuring Buffet songs you know by heart, Reggae, Latin, and other danceable hits, this high-energy group will surely have the dance floor packed.

Divers will enjoy visiting the cafe and chatting with Brian Skerry, world-renowned writer/photographer. Brian will present a selection his extraordinary underwater images, and will present a gallery talk Shipwrecks and Sea monsters.

Back again this year are the annual photo auction; raffle prizes including a dive vacation for two to Grand Cayman, dive equipment and a Nikon camera; delicious dinner & cash bars. New this year is a silent auction of a week's stay for two at a private Villa in Eleuthera, Bahamas!

But why should divers support Seamark, anyway? Besides being a fun night, and a great opportunity to swap dive stories and meet new dive buddies, Seamark helps lots of kids with disabilities. In the past 25 years, the Seamark Vision Clinic at Cotting School has supplied 700 pairs of eyeglasses, provided vision therapy to 900 children, examined more than 2,500 Cotting students, and repaired more than 15,000 pairs of eyeglasses.

Tuition at Cotting School (which is paid by the student's town, not the family) covers the basics at the School, but not the "extras" such as sports teams, adaptive equipment, and dental and vision services. The Seamark Vision Clinic is underwritten by the annual Seamark event, and without the event, there would be not clinic. Here are true stories (ok, the names have been changed), about how the Clinic has helped change two children's lives.

Joe is a 15 year old boy with a host of medical issues, including mitochondrial condition. One of the many issues associated with this rare condition is rapid fatiguing of his visual system. In the morning, Joe's vision is very good, but by lunchtime, he is legally blind. Joe has a very high prescription to assist with is vision, and also utilizes several pieces of adaptive equipment in the classroom. Because Joe is on megadoses of steroids to address some of his other medical issues, he is at high risk for developing glaucoma. Joe is tested for glaucoma in the Seamark Vision Clinic every six weeks.

Beth is a 9 year old girl with Downs Syndrome. Over the course of many communication therapy sessions, Beth's therapist noticed that she did not seem to be able to focus on her communication board. The therapist brought Beth to the Vision Clinic for testing, and sure enough, the optometrist discovered that Beth was very far sighted and also had a stigmatism. Beth received a prescription for reading glasses, and her therapists report a tremendous improvement in her up-close accuracy.

Cotting School serves 115 boys and girls from 65 towns throughout Massachusetts. The kids have a wide variety of physical, medical, learning, and communication challenges. Tickets to the Seamark party are only \$20 in advance, \$25 at the door, and can be ordered by calling Cotting School (781-862-7323), going online to [www.seamark.org](http://www.seamark.org), or visiting your local dive shop.

Order your tickets today!

Froggy Program Schedule (Updated 7/16/00)

**NOTE - Night Dives in June, July, August will be on 1st and 3rd Wednesdays**

**NOTE - Sunday beach dives in June, July, August will meet at 8:00AM, departing at 8:30AM**

<b>Mid-August</b>	<b>TBD</b>	<b>Casino Boat S/S Horizon's Edge – TBD.</b>
August 27	Sunday	VJ Day Dive - Al Morris Meet at Stage Fort Park for picnic after dive
August 30	Wednesday	Night dive - Meet at Back Beach - 7:30 PM
August 31	Thursday	Club Meeting – Franco American Club, Beverly – 8:00 PM
<b>September 1-4</b>	<b>Weekend</b>	<b>Wells Beach Camping Weekend - Dawn Deneler</b>
September 2	Saturday	Dive at Nubble Light
September 7	Thursday	Club Meeting – Franco American Club, Beverly – 8:00 PM
September 10	Sunday	Sunday beach dive - meet at Burger King on Rte 128 9:30AM
September 14	Thursday	Club Meeting – Franco American Club, Beverly – 8:00 PM
September 15-17	Weekend	Scottish Games at Loon Mountain - Dale Findlay Make reservations early!!!
September 21	Thursday	Club Meeting – Franco American Club, Beverly – 8:00 PM
<b>September 23</b>	<b>Saturday</b>	<b>Beach Cleanup – TBD. Contact Dave Smith</b>
September 24	Sunday	Club Picnic at Stage Fort Park
9/26 - 10/2	week	British Columbia trip with DUI - see Faith Ortins
September 28	Thursday	Club Meeting – Franco American Club, Beverly – 8:00 PM
October 1	Sunday	Sunday beach dive - meet at Burger King on Rte 128 9:30AM
October 5	Thursday	Club Meeting – Franco American Club, Beverly – 8:00 PM
October 7	Saturday	Tropical fish dive to Rhode Island
October 8	Sunday	Sunday beach dive - meet at Burger King on Rte 128 9:30AM
October 12	Thursday	Club Meeting – Fxcranco American Club, Beverly – 8:00 PM
October 15	Sunday	Sunday beach dive - meet at Burger King on Rte 128 9:30AM

**UNDERSEA DIVERS**

SCUBA & SNORKELING CENTER

AQUA LUNG

SEAQUEST

BOB BOYLE  
42 WATER STREET  
BEVERLY, MA 01915  
978-927-9551

**SEWING BY JEANNIE**

Drysuits, wetsuits, Jeannie  
Boots/Undergarments, Seals, Zippers, etc.

Sewing and alterations of **all types** - dive  
related and non-dive related.

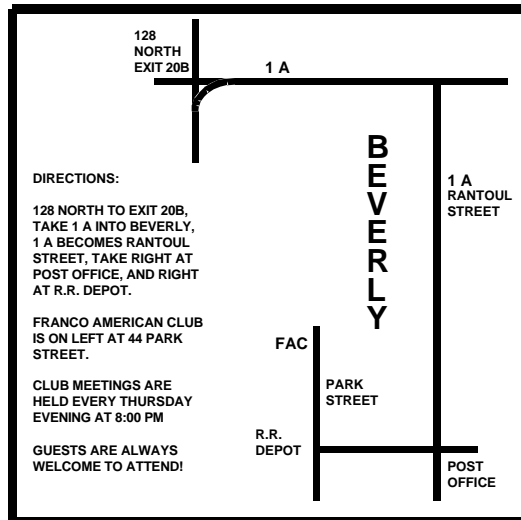
Contact Jeannie Rahilly at  
978-664-6225 or [jrjmdiver@aol.com](mailto:jrjmdiver@aol.com)

Private or group sewing lessons available

Club dives are held every Sunday morning-- meet at the Burger King on Rt. 128.

Night dives are held on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of each month

**Club meetings are held every Thursday evening at 8:00 PM at the Franco American Club in Beverly. Guests are invited to attend the meetings! Directions: 128 North to Exit 20B – take 1A into Beverly, 1A becomes Rantoul Street. Take a right at the Post Office and a Right at the Depot. F.A.C. is on the left at 44 Park Street.**



***North Shore Frogmen's Club  
P.O. Box 3604  
Peabody, MA 01960***