
Air Bubbles

The Newsletter of the North Shore Frogmen's Club

Volume 42, Issue 2

February, 2000

President's Message

Hello everyone

Now fully adjusted to my role, I hope everyone is having as much fun as I at our meetings. Our program committee has met to put together a packed itinerary of activities, with hopes to satisfy everyone's palate. February 24th Ros Smith will feast our eyes with her slide show on the Red Sea.

On March 16th Paul Blanchette will give us an informational about mixed gas. On March 23rd Paul will delight us with a slide show on the Andrea Doria.

In April Maria Maggio will present her spectacular slides. See you there!

Starting March 2, 2000 our club meetings will start at 8 pm.

Linda!

Deadline for next Air Bubbles

The deadline for submissions to next month's Air Bubbles is March 16th. Get those articles, recipes, and other items in early!

Unless you want your newsletter to be filled with baby stories and baby photos (believe me, I have enough to fill *ten* newsletters) E-mail articles to me at megdoyon@cs.com.

Meg Doyon

Dues Are Due!!

Okay, you know the drill! \$36.00 per person, \$54.00 per couple. Pay Mary at a meeting or mail a check to:

North Shore Frogmen's Club
P.O. Box 3604
Peabody, MA 01960



Recipe Corner

Boiled Lobster with Pepper Butter

4 lobsters (about 1 1/2 pounds each)
 1/2 pound unsalted butter
 4 1/2 teaspoons lemon juice
 1/4 cup chopped fresh parsley
 1 teaspoon salt
 2 teaspoons fresh-ground black pepper
 Lobster crackers

In a large pot of boiling, salted water, cook the lobsters, covered, until just done, about 10 minutes after the water returns to a boil.

Meanwhile, in a medium stainless-steel saucepan, melt the butter. Remove the pan from the heat and add the lemon juice, parsley, salt, and pepper. Divide the butter among four small bowls. Serve the lobsters with the pepper butter for dipping.

How to Eat a Lobster

Twist off the "arms" of the lobster and break off the claws. Bend the "thumb" of each claw down until it cracks. Using a lobster cracker, break the claw shells and gently extract the meat with a small fork. Crack the "arms" and extract the meat with the fork.

Using your hands, break the lobster in half at the point where the body meets the tail. The tomalley, the soft green part in the body, is good to eat, and you can

easily spoon it out. You can also eat the bright red roe, if any, at the body-end of the tail.

Using your hands, squeeze the sides of the tail together so that the underside cracks. With the underside facing you, and one hand on each side of the shell, press open the tail exposing the meat; extract it with the fork.

There is a little meat in the legs. If you like, twist them off, break them in half, and suck out the meat.

Meeting Time Change Meetings are now at 8:00 PM

The vote passed to change the meeting start time to 8 from 8:30.

The time change will take place on March 2nd. It was suggested that we have a "social hour" starting before the meeting, from 7 to 8. This is for people who cannot stay and socialize after the meeting because they need to get home to bed.

For Sale



Two XL Akona
 Back Pack bags in new condition, never used to haul dive gear to dive sites. These were bags I used to carry samples. \$60 each or best offer.

Contact Al Morris at Mycaal@aol.com

**Don't Forget About
Freddie's Secret Spot
www.northshorefrogmen.com**

NSF members can visit Freddie's Secret Spot on our website. This message board can be reached from the main page of the website, by choosing 'message board'. When prompted for 'Group Registration Code' enter 1958.

This forum is a great place for general dive discussion or to post photos, stories, for sale and want to buy messages.

New Freddie the Frog Patches!

Freddie is on a Dive Flag with North Shore Frogmen on the Stripe. The size is perfect for hats, jackets and gearbags. The cost is \$4 each or 3 for \$10. Wear Freddie on your stuff and display your club spirit!

See Mike Denneler at the meetings.



**St Patrick's Day Party
March 18th**

This year's St Patrick's Day Party will be held on Saturday, March 18th, at Mary Howard's house. We can start about 7:30PM. Come, bring your brogue, wear green, and drink to the dead ancestors (and the live ones too!)

BYOB and a munchie. I will make some kind of main course, maybe a boiled dinner.

Contact Mary at 781-944-1292 for directions.

Tall Ships 2000

Fred Chase has reserved some "Froggie" space on Lovell's Island for tent camping for the weekend that the tall ships will be in Boston from July 14-16th.

Contact Fred if you are interested!

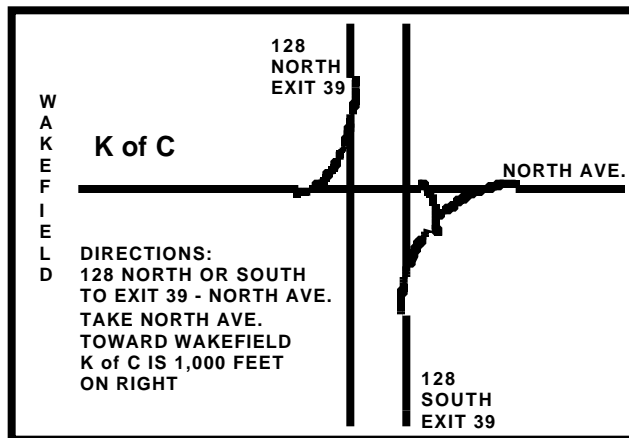
Club dives are held every Sunday morning at 9:30 AM – meet at the Burger King on Rt. 128.

Night dives are held on the 2nd and 4th Tuesdays of each month – meet at Back Beach at 7:30 pm.

Club meetings are held every Thursday evening at 8:00 PM at the Knights of Columbus in Wakefield.

Guests are invited to attend the meetings! **Directions:** 128 North to Exit 39 – take a right onto North Ave or 128 South to Exit 39 – take a left onto North Ave. Follow North Ave. for about 1,000 feet.

K of C is on the right, immediately before blinking light.



***North Shore Frogmen's
Club
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Peabody, MA 01960***