

---

---

# Air Bubbles

The Newsletter of the North Shore Frogmen's Club

---

**Volume 41, Issue 7**

**July/August/September, 1999**

---

## President's Message

Happy Summer to all, hope you are enjoying the heaty and lazy days of this fine season. Like everybody else, I am going in six different directions at once and not accomplishing much at all. BUT, try and enjoy the season cause before we know it, the shovels will come out of their hiding place to keep us company for several months.

I hope everybody has had a chance to do some diving over the last several months. At the meetings, it seems like it's always the same few who venture out and enjoy our fine sport. It would be nice if more hands were raised during the "Dive Talk". The more we dive, the better our forgotten skills come back to us. I know, sounds like your dive instructor talking. Dive, dive, dive. the more we do it, the better it feels.

This months' "Diver of the Month" is Ric Stamegna. Ric leads all the club Sunday and special dives. Besides being a very competent diver, he is very good at manning the charcoal grill.

Candi Sousa is July's "Member of the Month". Everyone will admit that Candi lends an air of good spirit to the meetings and is always willing to volunteer to assist in the club activities. She was a big help at the last Sea Rover Show and she is manning the club table at the upcoming Scuba Jam on the 31st.

Hope to see more of the "old members" at the club meetings and events planned for the rest of the summer. When you come to a meeting or function, bring along a diving friend or buddy. We are always looking to expand our membership.

See you at the next meeting and remember to DIVE, DIVE, DIVE.....

*Dave Metrano*

## Combined Air Bubbles

I was too busy having a baby at the end of July to do Air Bubbles (I know, I know... I've got to get my priorities in order...). I have combined the July, August and September issues of Air Bubbles together into one!



### Apple Picking Winery Tour

On Sunday, October 3rd, we will be going to the [Nashoba Valley Winery](#) for a tour of the winery and to pick fruit in their orchard. Rain date will be Sunday, October 10th.

Please contact Meg Doyon at 978-524-0960 or 2830783@msn.com if you are interested.



### Recipe Corner Lime Cooler

3 cups milk, divided  
1 pint vanilla ice cream  
1 can (6oz) limeade concentrate, undiluted  
1 pint lime sherbet

Combine 2 cups milk, vanilla ice cream, and limeade concentrate in container of electric blender; process until mixture is smooth.

Add remaining 1 cup of milk; process until smooth.

Pour mixture into five 10oz glasses and top each serving with a scoop of Lime sherbet.

Serves 5.

## Island of the Sharks

### OMNI Theater

Linda Marshall is interested in getting a group together to go see this production at the OMNI Theater at the Museum of Science. Tuesday and Wednesday night tickets are discounted to \$5.00 instead of the usual \$7.50.

Anyone interested in attending, please contact Linda Marshall.

### Future Froggies

The club has 2 potential future members. Matt and Merri Denneler, have joined their parents in the underwater world.

### Tropical Fish in Rhode Island

Jeannie Rahilly is going to organize a trip to Rhode Island to see the tropical fish. Some fish get caught in Gulf Stream and end up in our neck o' the woods around the end of summer.

If you are interested in going, contact Jeannie for details.

Member of  
the Month

July, 1999

Candi Sousa

Diver of the  
Month

July, 1999

Ric Stamegna

### Tadpoles

The club has had two more new additions...

Peter and Holly Cassidy and their daughter [Maddy](#) welcomed a new baby girl, Marielle into their home on July 10th. Gary and I had a baby boy, Jacob, on July 29th.

Hmmm... between the Galperins, the Cassidy's and the Doyon's I think we know what froggie members do when they're not diving... ;-).

Meg Doyon

### Deadline for next Air Bubbles and new email address

The deadline for submissions to next month's Air Bubbles is October 14th. Get those articles, recipes, and other items in early!

E-mail to me at [2830783@msn.com](mailto:2830783@msn.com) preferably in Microsoft Word or simple text format. For those folks not on-line, please submit any handwritten material at one of the weekly meetings.

Meg Doyon

### Photo/Most Unusual Find Contest

It's not too soon to start thinking about the Best Photo and Most Unusual Find Contest. The viewing will be on Thursday, November 4 and the voting will take place on Thursday, November 11.

Go through your photos and your collections now to gather up something good to show.

### Night Dives Change in Date

Effective immediately the dates for night dives will be the 2nd and the 4th Tuesday of each month. Still meeting at the [Burger King](#).

### Finding The Frogmen

Oh no, not here, too cold, what's to see  
Compared to warm water sealife?  
Hungry to dive, I traveled to Cyberspace,  
In search of a buddy to descend with.  
A dive group in Salem, North Shore Frogmen,

their name.

I'll find them, listen to what they say.

Warmly welcomed by all, application in hand.

A check out dive lent questioning

Equipment familiar I'm not

Rent it in case.

Unaware what hood, mitts, a 7mm feels like

Concerned with loose fins, tight suit, 2 digits free

I resorted to inflate the BC

Fear heightened, no Velcro

Where's the inflator hose!!!

Oh no, tow me in, this isn't for me.

As I composed and compared every piece,

Back to re-rent better quality

In the water again, I do want this!!!

And owe my success to a frogman.

Thank you, Ric Stamegna, for your patience,

Commitment and expertise.

I now find myself suspended in beauty.

Addicted to diving,

*Linda B. Marshall*

Club dives are held every Sunday morning at 8:30 AM – meet at the Burger King on Rt. 128.

Night dives are held on New Moon and Full Moon nights – meet at Burger Kind at 8 pm.

Club meetings are held every Thursday evening at 8:30 PM at the Knights of Columbus in Wakefield.

Guests are invited to attend the meetings! **Directions:** 128 North to Exit 39 – take a right onto North Ave or 128 South to Exit 39 – take a left onto North Ave. Follow North Ave. for about 1,000 feet.

K of C is on the right, immediately before blinking light.

