



# Air Bubbles



The Newsletter of the North Shore Frogmen's Club

Volume 48, Number 8

August 2006

## President's Message

### Greetings Fellow Froggies,

As I'm sitting at the police desk, looking out the window towards Manchester Harbor, I just realized that we are half way through the 2006 year. We are into our 4<sup>th</sup> week of July and I wonder where the time went. I wonder how many of us wonder the same thing.

Remember the resolutions we all made at the end of December? I didn't make too many of them, the ones I did seemed realistic at the time. To get into good physical shape, loose a little weight and dive as much as possible the summer of 2006. Well, I was faithful to the YMCA, lost 13 pounds and have done zero diving. I was just thinking, maybe some of us who have not been in the water for a while can make a "Half way through the year resolution" to get back into the water and enjoy the sport we all love.

There are a few ways we can do this. There are the club sponsored dives on the weekend (Burger King on Rt. 128). Also we have a buddy list from the club that I bet everybody can find in an instant! Just dial up some of the members and plan a dive. Easy as one, two, three! There is also the Undersea Dive Society at Bob Boyle's.

Some of us Froggies may not have been in the water for an extended period of time. We do not loose our skills, they just get rusty. So what do we do after we realize that we are not as Rambo as we were before? We do the best possible thing. We buddy up with an instructor and take a simple refresher course. This could be a simple dive off Back Beach or if needed a few pool sessions before the open water dives.

As an instructor, I was always impressed with a diver who signed up for a refresher course. In doing this they were telling me that they wanted to brush up on their skills and continue to learn the latest technique

available at the time. Teaching agencies are always improving the ways to do "old" skills. Take advantage of them. If you're rusty, take a refresher course. You'll be more comfortable in the water and really enjoy the sport.

*Capt. Dave* Metrano



Secretary and President at the Beach Meeting on July 6<sup>th</sup>.  
Photo: Paul Sauvageau

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## Air Bubbles – August 2006



**The North Shore Frogmen's Club**  
PO Box 3604  
Peabody, MA 01961

### 2006 OFFICERS

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## Meeting Summaries

### 29-June-2006

Meeting called to order: 8:10 PM

Attendance: 3 Officers, 19 Members

**Abbreviated meeting format for Presentation Night.**

**Secretary:** Mia Peluso - absent. Dan filled in.

**Treasurer:** Ray Porter – treasurer's report read and accepted.

**Committees:**

**Program:** Daryl Findlay - See activities list.

**Dive Talk:**

- **Susan's class night dive** with **Dodie, Ray, Mia, Michael, Daryl** at Back Beach. "Great dive, warm water."
- Sunday club dive at Lanes Cove: **Daryl, John, Mia, Peter Easler, Amy**. One tank. It didn't start raining til they got out of the water.
- **John Sears** dove Tuesday at Chandler Hovey. Vis 10-15, saw 10 big lobsters and a school of stripers. He got 4 lobsters.

- **Susan & Jason** dove Sunday at OGB, great time!

**Raffles:** Dollars Box: not recorded

Mystery Prizes: none

Bug Bag: ongoing

**Presentation Night:** **Roslyn Smith** gave a presentation of her trip to Belize this past Spring.

### 6-July-2006

Beach Meeting at White Beach in Manchester. Great weather, great food, great company. Peter Chapman even went in the water, snorkeling?

### 13-July-2006

Meeting called to order: 8:15 PM

Attendance: 4 Officers, 14 Members

**Secretary:** Mia Peluso - Minutes read and accepted.

**Treasurer:** Ray Porter – treasurer's report read and accepted.

**Committees:**

- **Program:** Daryl Findlay - See activities list.
- July 29 – Club canoe trip will be on Saturday, 7/29. There is plenty of space. Please sign up.
- **Membership:** John Ferrier
- **Air Bubbles:** Mary Howard, next AB deadline is Monday, July 24.

**Old Business:**

Website committee continues to meet every other Tuesday. Progress is being made. Club members welcome to attend meetings and/or help with content.

**New Business:**

**Mary:** The Bay State Council meeting was held last night, July 12, at the SSN's clubhouse in Quincy. Michael Donovan and Paul

Sauvageau accompanied Mary. There was alarming news about the City of Gloucester enforcing an ordinance which has been on their books for several years which will require each diver to carry a flag when diving in Gloucester waters, and to stay 25 ft from any lobster buoy. Preliminary minutes from the BSC meeting were available. (See updated version elsewhere in this newsletter.)

**Dive Talk:**

- **Al, John F., Paul S., Amy, Mia, Mary and Rob Falk:** dove where 7/9 at Lanes Cove. Mia did one dive and then went to do the "Chicks' Dive" with United Divers of Central Mass. The guys did two dives.
- **Damian:** did a morning dive in Salem Harbor.

**General Discussion:**

- **Mike's Moments:**
- **Red Orbit** – "New Species of Hammerhead is found off SC Coast – A genetically distinct species of hammerhead shark, the ninth recognized species...appears to be rare."
- **7/4 Salem News** – "Judge temporarily bars use of sonar that may harm whales. LA a federal judge temporarily barred the NAVY from using a high-intensity sonar that could harm marine mammals during war games."
- "Surprise! Lobster arrives w/unusual third claw – From Canada"
- Eating fish protects eyesight.

**Raffles:** Dollars Box: Michael Donovan

Mystery Prizes: Mary Howard  
Bug Bag: Ongoing

**Video Night.** Daryl showed two entertaining episodes of "Sea Hunt".

### 20-July-2006

Meeting called to order: 8:10 PM

Attendance: 3 Officers, 13 Members

**Secretary:** Mia Peluso - Minutes read and accepted.

## Air Bubbles – August 2006

**Treasurer:** Ray Porter – no report, treasurer absent.

**Committees:**

- **Program:** Daryl Findlay - See activities list.
- 7/22 – Salem Sound swim & fin event this weekend
- 7/29 – Canoe trip. Meet at Foote Brothers, Ipswich, 8AM
- 8/3 – Beach meeting, start time 6PM

**Old Business:** Website effort ongoing, next meeting 7/26 at Ray & Mary's.

**New Business:**

- After some discussion about the Gloucester dive flag issue, Mary made a motion that the NSF club make a donation of \$100 to the Bay State Council for support of the legal counsel. The motion was seconded. There was discussion that the amount should be \$200 to match more closely what other clubs are giving. A vote was taken, which was a tie for and against the motion and the issue was tabled for another meeting.

**Dive Talk:**

- 7/8 **Susan, Mia**, a friend and Susan's children dove at Lanes Cove.

- 7/15 **Amy, Mary, Michael, Dave S and Dodie** did the Annual Fish Count at OGB. The vis was about 15-20ft, water temp ~40°F. It was a good event.
- **Susan** helped a friend with a dry suit, he was WET. They saw a big sea raven.
- **John Sears** dove at Chandler Hovey, got 3 bugs, saw lots of starfish.

**General Discussion:**

- **Susan** has a rescue class coming up. Contact her if you are interested.
- Mike's Moments:
  - *Boston Globe* – Tagging whales. They can tag whales to see what their swim patterns are like.
  - Portugese Man-of-War jellyfish are coming in, people are getting stung.
  - State divers are checking bridges to make sure they are safe after the flooding.
  - In Wyoming, a women's prison is breeding Tilapia.

**Raffles:** Dollars Box: Dawn Denneler  
Mystery Prizes: Daryl Findlay  
Bug Bag: Mary Howard

## Labor Day Camping Weekend and Nubble Light Dive

Some Froggies will be camping over the Labor Day weekend at Beach Acres Campground in Wells, Maine. This is a tradition of many years for those who attend this weekend.

Most years some members of the club also go to Nubble Light on Cape Neddick in York, Maine, to dive. If anyone would like to go, or would like to organize the trip based on tides and weather, please feel free!!

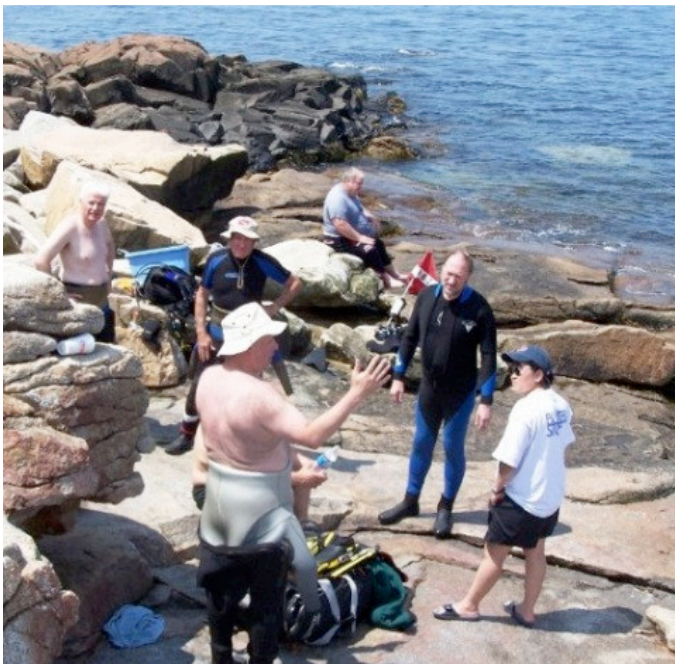
Contact Dawn Denneler for questions about camping at Beach Acres in Wells or go to [www.beachacres.com](http://www.beachacres.com).

## August Meeting Events

► The **August 3<sup>rd</sup>** Club meeting will be a **SOCIAL MEETING** at White Beach in Manchester, beginning at 6PM. Bring your beach chair and sunglasses. (*Pray for clear skies!!*) Bring your grillables and whatever else you'd like to eat. Also bug spray and sun lotion might good to have, depending on when you come and how long you plan to stay. Consider bringing your **dive gear**. This is a dive club after all! The dive may not be the most adventurous one you've been on, but why let that stop you?

► On **August 10<sup>th</sup>** I believe Daryl will show us the video he planned to show in July titled "**Paradise – Sharks of Palau**". "Cinematographer Jody Helzer leads divers to Palau in South Pacific to observe several species of sharks." Invite your friends! This should be fascinating

► On **August 24<sup>th</sup>** Daryl plans to show two episodes of *Sea Hunt* for your viewing pleasure at the regular meeting.



Club beach dive at Lanes Cove on July 9<sup>th</sup>

Mary Howard

## Bay State Council of Divers

### Meeting Minutes for July 12, 2006

Meeting came to order 8PM, adjourned 8:45PM.

**Artificial Reef Project:** Jim Walker spoke with the Quincy Police Department about using their robot, camera and boat to photograph areas around the Pinthas. He is trying to find a time when both the equipment and Vin Malkoski are available to go do some transect work.

### **Ted Maney - Northeastern University**

#### **Updates:**

1. 2 live webcasts will be aired on Saturday, July 15, at 11am and 2pm, of the exploration of the *Frank A. Palmer* and *Louise B. Crary*. Go to [www.nurc.uconn.edu](http://www.nurc.uconn.edu) for the webcasts.
2. George's Island Family Fun Day: Underwater Exploration upcoming.
3. Annual Open House at the Northeastern facility in Nahant, September 16. Come do a beach clean-up dive.
4. Summer Science Academy for 9<sup>th</sup> and 10<sup>th</sup> grade students still has openings.

#### **Dive Flag issue, City of Gloucester:**

Angelo Correnti has been in contact with Dave Stillman, owner of Cape Ann Divers. The City of Gloucester has an ordinance on the books which makes the dive flag regulations more restrictive than the state laws. Dave has spoken with the Gloucester Harbor Master, Assistant Harbor Master and Gloucester City Solicitor who all believe that if the bylaw is stricter than the state law, then it is OK and they plan to begin enforcing it, with the backing of the Lobstermen's Association. Their ordinance restricts divers from coming within 25 feet of any lobster buoy. They also will require one flag per diver when diving in Gloucester.

**Attorney Steve Coren** (who has worked on issues of access with the Bay State Council in the past on a case in Nahant) is willing to get involved. He wants to represent the Bay State Council, i.e. the dive community, rather than commercial establishments, i.e. dive shops, dive charter boat owners, independent dive instructors. He is willing to reduce his regular fee from \$290/hour to \$190/hour, and expects the total to come to somewhere around \$3000 to \$4500.

#### **Discussion:**

- Bruce Gerhard (SSN): We need to discuss this issue with dive shop owners, charter boat operators, dive clubs and individuals for backing and monetary support. He pledged to begin by making a personal \$100 pledge.
- Margaret Malkoski: suggested shops might match donations by divers; they could put a limit if they felt it was necessary to protect themselves.
- Jim Walker: What about manufacturers? This is the beginning of trying to stop divers and diving by the lobstermen. The manufacturers should be interested.
- Need to push clubs to get members to join the Bay State Council and to raise money.
- This ordinance is already on the books in Gloucester, to make diving regulations as restrictive as possible.

A **Motion** was made by Al Bozza of the New England Aquarium Dive Club (NEADC) to retain Steve Coren to represent the Bay State Council in this matter. The motion was seconded by Bruce Gerhart of the South Shore Neptunes Dive Club (SSN). The motion was passed by those present.

Several hundred dollars were raised on the spot at the meeting to begin funding the cause.

Angelo will get the attorney to write a letter, will attach a copy of the Gloucester ordinance, and will get it out to the dive community via club representatives, etc.

#### **Vin Malkoski - Mass DMF:**

1. First stage for one of the LNG terminals south of Boston has been passed.
2. There are hearings tonight on the projected Buzzards Bay Wind Turbine project.
3. Winthrop cobble mining project is ongoing.
4. Cape Wind project is ongoing.

#### **Next meetings, target dates (subject to change):**

**August 9** – Bay State Council, at the Neptunes' Clubhouse, with attorney, 7:30PM.

**August 14** – Meeting to include shop owners, charter captains, independent instructors, etc, at the New England Aquarium (if possible).

***Stay tuned for updates and specifics.***

## The Dive Flag Issue

Introduction by Ray Porter

Boaters, lobstermen and divers are not always a compatible mixture. Among divers there has been a great deal of discussion about what is or is not required of them while diving on Cape Ann. The confusion stems from the differences between the requirements as defined by the Commonwealth of Massachusetts and those requirements defined by the City of Gloucester. Both rules are provided below.

Whether you agree with the specific requirements contained in the Gloucester Ordinance or not, a diver should understand what the rules are when diving in Gloucester waterways. The boat traffic passing in and around Cape Ann is heightened during the summer. Extra caution by divers (i.e., carrying extra dive flags and surfacing closer to the flag) than may be defined by state law seems prudent.

### GENERAL LAWS OF MASSACHUSETTS

Chapter 90B: Section 13A. Every scuba diver or group of scuba divers while swimming on or under the surface of the waters of the commonwealth shall display for each diver or group of divers as a warning device to boat operators, a diver's flag, so called, constructed of rigidly supported material at least twelve inches by fifteen inches in area of red background with a white diagonal stripe. Such diver's flag shall be displayed on a boat or surface float and shall extend a minimum distance of three feet from the surface of the water. Divers shall remain in an area within one hundred feet of such displayed diver's flag while at or near the surface of the water. A boat operator within sight of a diver's flag shall proceed with caution and within a radius of one hundred feet of such flag shall proceed at a speed not to exceed three miles per hour.

### Gloucester Ordinance Sec. 10-81. Scuba and skin diving.

(a) *Driver's flag.* Scuba or skin divers within the Gloucester waterways shall display a diver's flag consisting of a white diagonal stripe on a red field not less than twelve by fifteen inches (12 X 15) in size. The flag shall be displayed upright on a float or similar device at a height sufficient to be seen by passing vessels. The diver shall trail this flag while submerged, unless the harbormaster grants permission to do otherwise, and shall surface within twenty-five (25) feet of the flag.

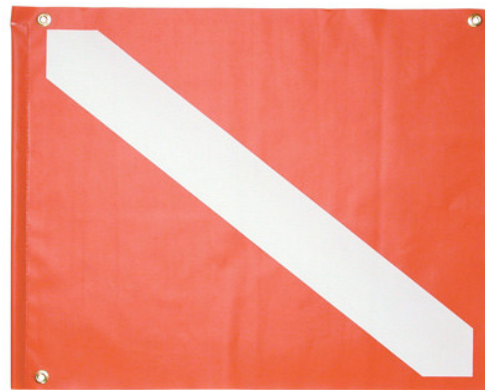
(b) *Distance from buoys.* The diver shall maintain a distance of at least twenty-five (25) feet and stay clear when vessels are hauling traps in the immediate area.

(c) *Prohibition.* The harbormaster may prohibit scuba or skin diving in areas within Gloucester waterways where such diving cannot, in the harbormaster's opinion, be carried out safely without undue inconvenience to vessel operations.

(d) *Beach regulations.* Scuba or skin divers must comply with beach regulations promulgated by the director of public works.

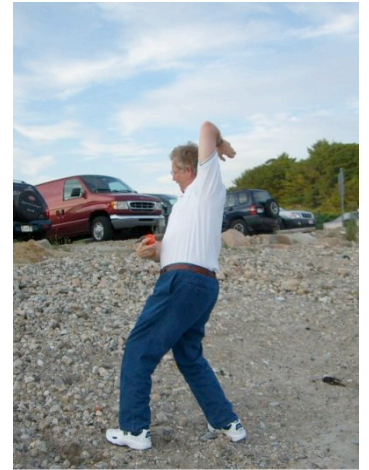
(Ord. No. 17-1993, 12-14-93)

(\*Note: the above reference to *Driver's flag* is cut and pasted from the City of Gloucester web page.)



Air Bubbles – August 2006  
NSF Beach Meeting, Manchester, July 6

*Photos courtesy of Paul Sauvageau*




Dave does the bug-spray dance



Peter actually got wet!



## Activities Calendar

 <b>August</b>		1	2	3	4	5	
<b>6</b> Sunday Dive	<b>7</b>	<b>8</b>	<b>9</b> BSC meeting 7:30PM	<b>10</b> 8PM Meeting Presentation	<b>11</b>	<b>12</b>	
<b>13</b> Sunday Dive	<b>14</b> BSC meeting 7:30PM	<b>15</b>	<b>16</b>	<b>17</b> 8PM Meeting	<b>18</b>	<b>19</b>	
<b>20</b> Sunday Dive	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b> 8PM Meeting Video night - SH	<b>25</b>	<b>26</b>	
<b>27</b> Sunday Dive	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b> 8PM Meeting			
<b>September</b>						<b>1</b>	<b>2</b> Wells Beach Camping Wknd Aug 1-4
<b>3</b> Sunday Dive	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b> 8PM Meeting Presentation	<b>8</b>	<b>9</b>	
<b>10</b> Sunday Dive	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> 8PM Meeting	<b>15</b>	<b>16</b>	
<b>17</b> Sunday Dive	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b> 8PM Meeting Video night	<b>22</b>	<b>23</b>	
<b>24</b> <b>Club Picnic</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b> 8PM Meeting	<b>29</b>	<b>30</b>	

**\*\*Deadline for submissions\*\***  
 to the September 2006 issue  
 of Air Bubbles is  
 Thursday, August 24, 2006.  
 Please have all information and  
 articles to the Air Bubbles editor by  
 that date.

## Activities List

- Jul 29, Sat      **Canoe Trip on Ipswich River. *RESCHEDULED!!*** Meet at Foote Brothers Canoes by 8:30AM. Sign-up sheet at the meetings! Contact Mary or Ray for more information.
- Aug 3, Thurs      **Beach Meeting** - 6PM, White Beach, Manchester. Bring your chair, beverages and food to cook on the grill to be provided. You might even want to dive or snorkel.
- Aug 9, Weds      **Bay State Council Meeting** at the Neptunes' clubhouse, Quarry Street and Joyce Road. All welcome to attend to hear the update on the issue with the dive flag restrictions in Gloucester. 7:30PM. Contact Mary for more information / directions.
- Aug 10, Thurs      **Presentation night "TBD".**
- Aug 14, Mon      Proposed **Bay State Council Meeting** to involve dive shop owners, instructors and charter boat captains. Tentatively scheduled for this date at the New England Aquarium. Follow-up to Aug 9<sup>th</sup> meeting.
- Aug 24, Thurs      **Sea Hunt night (Two episodes).**
- Sep 1-4      **Wells Beach Camping Weekend**, Friday through Monday.
- Sep 2, Sat      **Nubble Light Dive**, tentatively scheduled, details TBD.
- Sep 7, Thurs      **Presentation night "TBD".**
- Sep 21, Thurs      **Video night**
- Sep 24, Sun      **NSF Club Picnic** (date subject to change)
- Oct 19, Thurs      **Presentation: Andy Martinez** slide show
- Dec 9, Sat      **NSF Annual Banquet**



**Robert W. Smith,**  
father of NSF member and  
2005 President Dave Smith,  
passed away on July 23, 2006.

Our thoughts and prayers go  
out to Dave and his family.



Recipe Corner

**CITRUS-CRUSTED TUNA  
WITH GARLIC, LIME AND GINGER**

This tuna dish is really great. The jalapeño pepper and lime juice give it a real tropical flavor. Very simple fish dish to make. I like to slightly under cook the fish because it will continue to cook when it is off the heat.

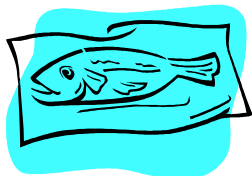
**Ingredients:**

- 3 TBLS finely chopped jalapeño
- 2 TBLS finely chopped ginger
- 1 TBLS chopped garlic
- 3 TBLS lime zest
- 3 TBLS lime juice
- 1 TBLS coarse salt
- 1 TBLS black peppercorns
- 2 TBLS sugar
- 1 cup dry white wine
- 4 6-ounce tuna steaks (1½ inch thick)
- 2 TBLS olive oil.

To make crust, combine all ingredients except tuna in a small pan and heat over medium heat. Heat till all the liquid evaporates. Should take 5 to 7 minutes. Remove from heat and let cool.

Pack the crust mixture onto the tuna steaks. Set aside for 30 to 45 minutes at room temperature. Preheat a heavy pan over high heat until the pan is very hot. Drizzle the tuna with the oil. Sear the tuna for 1 minute on each side. Serve and enjoy.

*Capt. Dave* Metrano



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SCUBA & SNORKELING  
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**Grand Turk**  
**October 21-28, 2006**  
**\$999**

Includes 7 nights lodging at Osprey Beach Resort, airfare from Provo to Grand Turk, all transfers, unlimited shore diving, one tank daily - Oasis Dive Center, welcome drink, free sunsets, fun and laughter.

Airfare from Boston to Provo \$549.

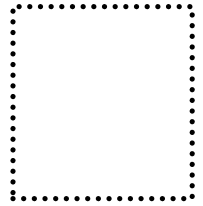
Monthly payment plan available.

Any questions, contact Susan Copelas

*Dive the World*

## Air Bubbles – August 2006

The North Shore Frogmen's Club Inc  
PO Box 3604  
Peabody, MA 01961-3604



## Upcoming Events!

- Aug 3: Beach Meeting - 6PM
- Aug 9: Bay State Council Meeting
- Aug 10: Presentation
- Aug 24: Sea Hunt Video
- Sep 2: Nubble Light Dive



**Sunday Dives – Meet at Burger King on Rte 128 in Beverly.  
Be ready to leave for the selected dive site at 8:15AM.**

**The North Shore Frogmen's Club Meetings**  
are held every Thursday night at 8PM (except Thanksgiving) at:

The Franco-American Club  
44 Park Street  
Beverly, MA

Directions: From Rte 128, take the Rte 62 exit, #22E, towards Beverly. Turn RIGHT onto BRIDGE ST at the new light after Danversport Yacht Club. At the end of Bridge St, turn LEFT onto RIVER ST. Turn RIGHT onto FEDERAL ST, turn RIGHT onto PARK ST. Free parking in lot across from Franco-American Club.