



Air Bubbles



The Newsletter of the North Shore Frogmen's Club

Volume 48, Number 4

April 2006

President's Message

Greetings Fellow Froggies,

Well, another month has quickly passed by, winter is over and we can look forward to the warmth of spring. Spring brings with it raking leaves, sweeping the sand off our driveways and looking at the exterior of our houses, wondering when we are going to have time to paint all those ugly peelings.

Spring is also the time we, as divers, get the itch of getting wet and enjoy a world most people can only imagine. Some of us tend to embellish our dives. We've all been there, getting up early, driving to our favorite beach, the big hassle of gearing up, getting in the water, swimming around for an hour or so. What do we see? The same sandy bottom, a few hermit crabs and maybe a flounder looking at us wondering who or what we are. What do we tell our non-diving friends when we get back? "Man, that was one of the best dives I have ever done. You should get certified and enjoy this wonderful sport." We all know there is no such thing as a bad dive. Some are just better than others.

As part of this coming spring we should all think about preparing for it. I don't mean just dusting off our equipment, rather something more important...our skills and training. A good diver is always learning. As an instructor, I have to attend sessions on keeping my teaching skills up to date. When was the last time you took a refresher course or an advanced or specialty skill course? If there is one course that I would like to see every diver complete, it is the Rescue Diver Course. When you completed the Open Water Diver course, we taught you how to breathe under water and take care of you. Now it might be a time to learn how to really take care of your buddy in an emergency.

On April 13th, we will sponsor a C.P.R. course for our members. If this course is completed, it will fulfill part of the Rescue Course requirements. This is a skill all divers should have training in. Some people will tell you it doesn't work. I know of two people in the little burg of Manchester who are still with us after C.P.R. was performed on them. One was a 9-month-old infant

and the other a 36-year-old woman. I was the one who performed the C.P.R. The little girl right now is 28 with twin boys. The woman is 61 and lives two doors down. You'll have a hard time convincing me (and them) that it doesn't work.

So take the time this spring and sharpen those skills that might have gotten rusty over the fall and winter months. We have instructors in the club that are more than qualified to teach these skills. Visit your favorite dive store and see about classes. Now is the time to think about a good dive season and having a safe and enjoyable summer of diving.

I would like to thank Amy Mauer for setting up the Invasive Invertebrate Identification Class on March 16th. It was very informative. I would like to nominate Amy as Member of the Month. For all those who assisted, thank you.

We should all be very thankful to Bob Boyle of Under Sea Divers for his continued support of the NSF. His donation of the Poseidon BCD was very generous and was well-received at the Sea Rovers Show. Thanks again Bob!

Until next time,

Capt. Dave Metrano

ps - Any instructor can and will get a free subscription to dive Training Magazine. I will have applications with me at the meetings on Thursday nights.

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Meeting Summaries

23-February-2006

Meeting called to order: 8:00 PM
Attendance: 4 Officers, 16 Members
Guests: 2

Abbreviated meeting format – video presentation “Ocean Oasis”, Mexico's Sea of Cortés and the Baja California desert.

Old Business: Dues are due. (See March AB for rates.)

New Business:

- Starting a committee for web site. Please sign up if you would like

to have input. Contact Ray for info.

- Once again Dodie has graciously offered her home for the Easter Dive 3/23. More info to come.

Raffles: Dollars Box: Ray Porter
Mystery Prizes: Dave Smith
Bug Bag: Paul Sauvageau

2-March-2006

Meeting called to order: 8:05 PM
Attendance: 4 Officers, 16 Members

Committees:

- **Program:** Daryl Findlay - See activities list.
- **Air Bubbles:** Mary Howard – deadline for next month 3/23

Old Business:

- Website meeting @ Mary and Ray's on 3-7 @ 7:00
- DJ for Banquet: waiting for info from him.
- Paul S, Dave S, Mike D, Jack, and Dave M went to the Boston Scuba show. Had a good time.

New Business:

- CPR course on 4-13, FREE for members.
- Sea Rovers on 3/4 & 3/5. Need volunteers to sit at our booth. Please sign up.
- Who wants to see SHARKS 3-D at the Aquarium? Would like to get a head count for advance tix. Would be on a Friday night.

Dive Talk:

- Susan C went ice diving for cert. @ Spaulding Pond. She got to help cut the ice. She enjoyed it.
- Susan also took students from N. Andover High School SCUBA club to Curaçao. She did about 28 dives in 6 days. She also was certifying some students for their advanced OW.

General Discussion:

- **Mike's moments:**
 - *Life* 2-17-06: “ Fishermen in the Pacific Ocean & Sea of Japan have been getting smacked by a proliferation of monsters that are up to 6ft wide and 400 pounds. That is almost the size of a small car and it also can be seen from a

plane. Some of the Japanese fishermen say they are good eating.

- *Boston Globe:* Calais, ME. “American inspectors discovered more illegal lobster in Canadian shipments bound for the States. They found that some were undersize, and female, egg bearing lobsters, (which we know we have to throw back). Out of the 37 trucks inspected, 17 had violations and will be assessed.
- *Boston Herald* 2/20/06: 4 dogs drown in unattended car that rolled from a parking lot into a river.
- *Salem News* 2-25-06: Police hoisted an ATM from the Spicket River.
- 2-29-06: Deadline for fishing boat safety inspections looms by Patricia Cronin: “Fishermen aboard the scalloper *Northern Wind, Giovanna, the Sea Witch, & SS Melon II* all faced the real dangers of life at sea this year; most of them were rescued by the U.S. Coast Guard. The only person that didn't survive was Edward Smith who was not wearing a life jacket.”

Raffles: Dollars Box: Bill Frank
Mystery Prizes: Dawn Denneler
Bug Bag: ongoing

9-March-2006

Meeting called to order: 8:05 PM
Attendance: 4 Officers, 9 members

Abbreviated meeting format – Video presentation of “Sharks Under Glass” about sharks in captivity.

Committees:

- **Program:** Daryl Findlay - See activities list.
 - 3-14 *10 Hours to Dawn @ Northeastern*
 - 3/16 Bob Michelson Invertebrate ID presentation.
 - 3/21 Website meeting @ Mary and Ray's.
 - 3/22 Video night. Sharks
 - 3/23 Don't forget Easter Egg dive at Back beach. Party at Dodie's

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afterwards. Bring bathing suits; she has a hot tub.

- 4/1 Wrecks @ Crown Plaza
- 4-29 Jonathan Bird's ORG event. More info will be provided
- 7/29 - Seal dive. \$65. If you want a seat give \$\$ to Dave Smith.
- **Air Bubbles:** Mary Howard – deadline for next month 3/23

Raffles: Dollars Box: Mia Peluso
Mystery Prize: Graham Smith
Bug Bag: Dave Metrano

16– March –2006

Meeting called to order: 8:10 PM
Attendance: 4 Officers, 13 Members
Guests: 4

Abbreviated meeting format – Bob Michelson presentation: Invertebrate and Invasive Species ID Seminar.

Announcements: Dawn Denneler says that they do not have their usual campsites by the field this year for Labor Day weekend. Still okay to dive at Nubble Light though!

Committees:

- **Program:** Daryl Findlay
- 3/18 St. Patty's party @ Mary and Ray's
- See activities list for more info.

Raffles: Dollars Box: Mike Denneler
Mystery Prize: Mike Denneler
Bug Bag: Dave Swensen – guest

16– March –2006

Meeting called to order: 8:10 PM
Attendance: 3 Officers, 16 Members

Abbreviated meeting format – Video presentation: Shark Business

Committees:

- **Program:** Daryl Findlay
- 3/23 Don't forget Easter dive at Back beach. Party at Dodie's afterwards. Bring bathing suits she has a hot tub.
- 4/14 IMAX film. Sharks 3-D @ Reading IMAX. We can go to dinner afterwards. Several restaurants nearby. This film is geared for families so young children can come. They will enjoy it.
- See activities list for more info.

Raffles: Dollars Box: Bill Gannett
Mystery Prize: Mike Denneler
Bug Bag: Peter Easler

Bonaire Anyone?

Dave Metrano is planning a trip to Bonaire this coming September. The plan is to leave Boston on September second and return on the ninth. The price of the trip will be available soon.

Please contact Dave if you are interested / would like more information.

(978) 526-1454 or
diverguns@yahoo.com



Member of the Month January 2006

Amy Maurer

for organizing

**the Invertebrate / Invasive
ID course by Bob Michelson**

Thank you Amy!

EFR Instructor Course

–Maria Maggio

I will be conducting an Emergency First Response Instructor Course on April 29th/30th in Stoneham, MA. The course will run 9–5 both days. EFR Instructor training is no longer restricted to PADI members, so divers certified with other agencies may sign up. The course includes training in CPR/First Aid for both adults and infants/children, AED use, and oxygen use.

The cost is \$350 if you are current with adult CPR/First Aid as well as infant/child CPR/First Aid. If you need a refresher for either, cost is \$375; if you need both, then cost is \$400. This includes all provider and instructor materials including choice of DVD or video. It does not include the EFR application fee (\$68) which is paid directly to EFR.

There is pre-work required, so please sign up no later than April 15th, so I have time to ship you out the materials and homework assignments.

If you are currently an EFR instructor but are not a Care for Children Instructor, you may take just the Care for Children Instructor program.

That will run on Sunday, April 30th from 9:00 am to 1:00 pm.

Please call me at 617-281-5155 or send e-mail to mdm@aquamarinedivers.com if you would like more information or would like to sign up.

Boston Sea Rovers 52nd Annual Underwater Clinic

Ray Porter

The annual Boston Sea Rovers event includes workshops and training sessions, seminars on a wide range of topics, and exhibits by equipment providers and local dive clubs. The Saturday evening film festival is the highlight of the weekend. In all, 19 NSF members attended the event this year. Some, like Dave Metrano, refreshed their training certifications. Others attended seminars on photography, videography, underwater research activities or investigations of shipwrecks. Some just roamed the exhibit area examining the latest in underwater gear.

Among the exhibitors on the balcony overlooking the exhibit floor were the dive clubs. The North Shore Frogmen's booth was prominent among them. Thirteen club members supported the booth by contributing to the display or greeting people that visited the booth. Pictures from the Club's photo contest were on display along with a large lobster claw permanently dedicated by Rich Kinkade to the Sea Rovers Booth. Daryl Findlay's Swedish Fish were also a major attraction as was his slide presentation, which played continuously at one of the tables. NSF Flyers and copies of the current issue of Air Bubbles were available to visitors. Half pint water bottles with the Club name and logo were distributed to those that came by the booth thirsty.

Eighteen people signed our guest book of which 5 are new divers (less than 5 years experience). Other guests included former club members and people who may be future speakers at our dive club meetings. A couple of experienced divers moving to the Boston area were looking for clubs to join. Dave Dodge tried to pay his dues at the booth, as had been his custom for the past several years, but as a new Life Member no dues were due. Captain Dave was given his life member award.

A Poseidon BeSea W50 buoyancy compensation vest was donated by Bob Boyle of Undersea Divers to be raffled off over the weekend. Over 40 people participated in the raffle raising \$328. Bill McGee of Buzzards Bay, MA was the winner. Wayne Bedore, last year's winner, played again this year – maybe hoping lightning would strike twice.

The highlight of the weekend is the Saturday evening

film festival. Prominent underwater cinematographers discussed their most recent projects and showed clips from some of their work. Dr. Phil Nuytten was awarded Diver of the Year as one of the pioneers of the modern commercial diving industry.



Ray Porter in charge of the NSF booth at Sea Rovers



Views of both sides of the NSF booth:

Left: Father and son admiring the display

Below: Dave, Dan and Candi at the booth.



View from the balcony overlooking the exhibit floor.

Photos courtesy of Daryl Findlay

ICE DIVING

by Susan Copelas

Now is my chance, the icing on the cake, the victory lap. I invert myself under the ice, my fins flat against the ice, and give 2 quick tugs to tell the surface support that I am ready to skate. They return the sign, 2 tugs back, and off I go! The guys race away from the freshly cut hole pulling the brightly colored rope that is securely fastened to my waist, and I glide through the wintry, frigid water. The large triangularly cut hole is in sight. 100 feet has quickly flown by, my crew huffing and puffing as they scramble back to help me up from the dark waters. My wet face is instantly exposed to the sub zero temperatures, my dry suit immediately freezes into a sheet of ice, and my hair is a massive cluster of icicles. Don, my surface support, quickly submerges my cold hands into the hotter, and I can feel them tingling as the blood rushes into them. I am now back *on* the ice; my first ice diving experience turned out to be a blast.



But, as you know, victory laps only come after the hard work is done, although “hard” is relative and subjective. From this experience I learned a ton. Everything from where to set ice screws, to what the most effective knots are, to rescuing missing people, and the necessary safety procedures. Between ice cutting, drilling techniques, and splicing ropes I had a weekend filled with facts and precautions. One aspect of the class that was learned, and not taught was

camaraderie. My safety was dependent on my partner’s awareness and knowledge; I will in return give my full attention while my partner is underwater.



Although the water was cold, deflator valves stuck, and wet masks quickly became permanent fixtures of the ice once set down, the air was fresh, the beautiful pines stood along the lake like soldiers at attention watching us indulge. Friendships were formed, diving skills were broadened, and despite the -30° temps, diving is diving. I’ll take it in any form.



All photos courtesy of Susan’s friend Ukon Don.

NSF Website Planning

Ray Porter

Our NSF Website will be undergoing a make-over. We are currently in the planning stages. Two meetings have been held, and a third is planned.

In our first meeting ten club members gathered to define the goals and objectives of the website and answer the questions: **who visits the website?** and **what needs must the website meet?** We discussed who our audience is by identifying club members, non-member divers and non-divers. We identified the different needs each group has when they log-on to the website, including schedule / activity information, diving activities, club information, diving resource information, member information and general information. Using a consensus building technique, the group identified that meeting the needs of the club members and providing schedule and activity information was the most important goal of the website. That does not mean that the other visitors to the website are unimportant and the needs of non-club members do not need to be met. In fact, the needs of non-club members are important in attracting new members to the club. However, this meeting highlighted the importance of meeting the needs of the club members and having current schedule and activity information.

In the second meeting, five club members gathered to discuss how the information on the website should be organized and who (by club officer or committee chair) is responsible for keeping the website content current. This meeting was highlighted by taking the information on the needs of the visitors to the website developed from the previous meeting and grouping the information logically. The club officers or committee chairs responsible for providing and updating the needed information were identified.

We still have much to discuss before the NSF Website is upgraded. Those that have participated in the above meetings have worked hard to reach a common vision as to what the website should become. If you have comments or ideas as to how to improve the club website, feel free to share them with the club officers or the webmaster.

NEU Marine Science Center Evening Lecture Series

The Northeastern University Marine Science Center holds a series of lectures on Tuesdays at their location in Nahant, 7-8:30PM. A few Froggies went to the presentation on March 14th by Michael Tougias, who spoke on the subject he wrote about in his book “**Ten Hours Until Dawn: The True Story of Heroism and Tragedy aboard the *Can Do***”. This is the story of the efforts of the pilot boat *Can Do*, with five men aboard, to assist a lost Coast Guard boat and the oil tanker *Global Hope*, who were caught out during the Blizzard of 1978.

Upcoming lecture on April 25th – “**Ecology of New England Salt Marshes: Past, Present, Future**” by Dr. Pat Ewanchuk of Providence College.

Bay State Council Treasure Hunt

Attention all divers. Bring your family, friends and fellow divers to the annual BSC Treasure Hunt. It's a chance to get back in shape, meet other divers and win great prizes. The event is sponsored by the Bay State Council of Divers.

Date: Sunday, May 21, 2006 (Rain or shine)
Time: 8:00AM – 4:00PM
Place: Stage Fort Park, Gloucester, MA
Fee: Registration \$10.00

Times:

Registration: 8-9AM
Scuba Event: 10-11AM
Snorkel Event: 11:30AM-12:30PM
Trophies & Prizes: 1-2PM

The day will include picnicking, an underwater treasure hunt (scuba and snorkel events) and lots of prizes. Here's how it works: Bring your own food and beverages (no alcohol allowed), cooking OK. Bring your own grill. Take-out available.

Required equipment: For SCUBA event: Wet or Dry Suit, buoyancy compensator, tank, regulator with pressure gauge, weight belt, mask, fins, snorkel, knife and catch bag.

For Snorkel event: All of the above except tank and regulator.

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U.S. DEPARTMENT OF COMMERCE
National Oceanic and Atmospheric
Administration
National Marine Sanctuary System
Stellwagen Bank National Marine
Sanctuary
175 Edward Foster Rd.
Scituate, MA 02066
(781) 545-8026 FAX: (71) 545 8036

11 February 2006

Dear Boston Sea Rovers Annual Clinic Attendees:

Thank you for the opportunity to explain the Stellwagen Bank National Marine Sanctuary management plan review process. We understand that this process is generating a lot of interest while creating some confusion among your readers.

Stellwagen Bank is a special place that includes many exciting diving opportunities. Congress established the Stellwagen Bank National Marine Sanctuary in 1992 because it recognized the area's extraordinary national significance and the importance of protecting the sanctuary's living and non-living (e.g., maritime heritage resources, including shipwrecks) marine resources.

Under the National Marine Sanctuaries Act, the Secretary of Commerce, through the National Oceanic and Atmospheric Administration (NOAA), is directed to enhance the public's awareness, understanding, and appreciation of the sanctuary's maritime heritage resources, and to facilitate uses compatible with the primary mandate of protecting these important resources. Under sanctuary regulations, greater protection is required for these resources than those in surrounding federal waters.

Congress also requires NOAA to develop and periodically review sanctuary management plans. NOAA's National Marine Sanctuary Program (NMSP) initiated the first management plan review for Stellwagen Bank National Marine Sanctuary in 2002 with public meetings and input. Over 20,000 comments were received, including comments directed at improving management of the sanctuary's maritime heritage resources.

Public comments identified three needs with respect to the maritime heritage resources within the sanctuary:

- 1) A resource inventory and assessment;
- 2) A resource management and protection plan; and
- 3) Improved efforts to educate the public about the maritime heritage resources in the sanctuary.

In response, the Stellwagen Bank National Marine Sanctuary Advisory Council convened a Maritime

Heritage Resources Working Group to advise the NMSP on the management plan review. The Working Group included representatives of marine science, fishing, conservation, historic preservation and diving interests. This group formulated an action plan to realize the program's goal of resource protection while allowing for compatible uses.

Examples of their recommendations include the establishment of mooring buoys on appropriate sites to facilitate access to sites while avoiding anchor damage, as well as recommending targeted outreach to divers about the sanctuary's maritime heritage resources.

This plan was reviewed and approved by the Sanctuary Advisory Council before being forwarded to the NMSP. The action plan was prepared as advice to the program, and recommendations are currently being evaluated. Consequently, NOAA has not yet released the Draft Management Plan for public comment. However, it is not NOAA's intention to close the entire sanctuary, or all of its shipwreck sites to divers.

I encourage readers to learn more about the Sanctuary and how NOAA works with the public to protect this special place by visiting our web site (<http://www.stellwagen.noaa.gov>) or by contacting the sanctuary office.

The Draft Management Plan will be released by NOAA for public review and comment in Spring, 2006. Multiple forums for public comment will be held, where divers and interested citizens may offer additional comments about the Draft Management Plan before it is finalized. NOAA will notify the New England diving community and other media of the dates when the public comment period will be open so that all may respond.

NOAA views divers as an important sanctuary constituency, and is committed to addressing their interests during revision of the Stellwagen Bank National Marine Sanctuary Management Plan.



Sincerely,




Craig D. MacDonald, Ph.D.
Superintendent

.....

The above letter was given to me at Sea Rovers by Benjamin Cowie-Haskell of the Stellwagen Bank National Marine Sanctuary. He was concerned that a letter circulated to the local dive clubs (which was published in the March issue of Air Bubbles) unfairly represented the position of the Sanctuary and asked that we distribute this letter to our club members.

Mary Howard

Activities Calendar

		April 2006					1 MWDC Wrecks Symposium
2	3	4	5 Ski Sunday River * Demos!!	6 8PM Meeting Video Night	7	8 MVDC Easter Egg dive	
9	10	11	12	13 8PM Meeting CPR course	14 IMAX Movie Deep Sea 3D	15	
16	17	18	19	20 8PM Meeting Video Night	21	22	
23 NSF Easter Egg Dive and Party	24	25 NEU Lecture 7p Saltmarsh Ecol.	26	27 8PM Meeting	28	29 ORG Benefit	
30	1	2	3 Bay State Council mtg 7:30	4 8PM Meeting	5	6	
7	8	9	10	11 8PM Meeting Jonathan Bird presentation	12	13	
14	15	16	17	18 8PM Meeting	19	20	
21 BSC Treasure Hunt	22	23	24	25 8PM Meeting	26	27	
28	29	30	31	May 2006			

Due\$ are Due

Hello NSF members. Dues for the year 2006 are due at the beginning of the year. Which means that by the time you get this in April, they are **REALLY, REALLY** due.

Make checks payable to North Shore Frogmen’s Club (or NSF) and give them to Treasurer Ray Porter at a meeting, send in with a friend, or mail to the Club PO box.

Thank you!

Deadline for submissions to the May 2006 issue of **Air Bubbles** is Thursday, April 20, 2005.

Please have all information and articles to the Air Bubbles editor by that date.

Activities List

- **Apr 1, Sat** **MetroWest Dive Club Annual Wrecks Symposium**, 8AM-4PM, Crowne Plaza Hotel, Framingham. For more information check out their website <http://www.mwdc.org/wrecks/>.
- **Apr 6, Thurs** **Video Night**, showing *Blue Realm "Giants of San Benedicto"* about the giant manta ray.
- **Apr 8, Sat** **Easter Egg Dive with Merrimack Valley Dive Club** at Back Beach. Contact Dave Smith for more information.
- **Apr 13, Thurs** **CPR Course** to be held at the club meeting. Free certification for members.
- **Apr 14, Fri** **Deep Sea 3D IMAX** movie at Jordan's Furniture, Reading. Come to meeting or contact Daryl for information about going.
- **Apr 20, Thurs** **Video Night**, showing *Sea Hunt* (2 episodes)
- **Apr 20, Thurs** Deadline for submissions to May Air Bubbles
- **Apr 23, Sun** **Easter Egg Dive**. Meet at Back Beach about 9:30, and be ready to enter the water at 10AM.
- **Apr 23, Sun** **Easter Egg Dive Party**, noon forward. Dodie has graciously offered to have this party at her house again this year. Please bring a goodie to share. Dodie now has a *hot tub*, for use by adults only please, so bring your bathing suits!
- **Apr 29, Thurs** **ORG Benefit** - Save the date! 6:30PM, Nevins Hall, Framingham town hall. See flyer page 10
- **May 3, Weds** **Bay State Council of Divers** meeting. 7:30PM at the Neptunes' Clubhouse in Quincy.
- **May 11, Thurs** **Speaker night with Jonathan Bird** on British Columbia.
- **May 21, Sun** **Bay State Council Treasure Hunt**.
- **Jun 3, Sat** **Biodiversity Days** at Joppa Flats Audubon Education Center, Newburyport.
- **Jun 15, Thurs** **Speaker night with Andy Martinez**.
- **Jul 15, Sat** **Great American Fish Count** - MANY PRIZES! - More information to come.
- **Jul 29, Sat** **Seal Dive** with Captain Rob. Contact Dave Smith for more information.

SAVE THE DATE!

OCEANIC RESEARCH GROUP'S ANNUAL FUNDRAISER!

Saturday, April 29, 2006 at 6:30PM
Nevins Hall in the Framingham Town Hall

For the Fourth Annual Oceanic Research Group, Inc. Fundraiser, we are very pleased to present world renowned underwater photographer, author and Emmy Award-winning film maker **Marty Snyderman!** Marty doesn't come to the east coast often, so we are thrilled to have him as our featured speaker. Don't miss out on a rare opportunity to see Marty and his amazing photography in person.

Marty Snyderman will present "**Sharks in the Wild**", a slide/video presentation on the natural history of sharks. Marty has spent over 20 years photographing sharks around the world. In addition, he has produced several television documentaries about sharks that have aired on PBS/Nature and Discovery Channel, among others.

Also, Emmy Award-winning cinematographer, Jonathan Bird, will present the first scenes from his new high definition film "Secrets of the Reef." This amazing program explores the hidden behaviors of animals on a remote reef in the Philippines from cleaning stations to predation and reproduction.

There will be many raffle and silent auction items, both dive-related and land based, including a limited-edition print from Wyland, New England Aquarium Giant Ocean Tank dive, dive gear, books, prints, and more. Of course, Finny the Shark will make an appearance too!

The fundraiser is being held to raise money for the Oceanic Research Group, Inc. Marine Scholarship program. This scholarship aids college and graduate students pursuing marine-related studies. The 2006 scholarship will be awarded at the event.

Admission is \$10 for adults and \$5 for children under 12 years old. There are a limited number of preferred seats available for \$25. Tickets may be purchased at the door, or in advance online at <http://www.oceanicresearch.org/benefit.htm>. More information and directions are available at this website as well. If you can't join us and wish to help the cause, please feel free to make a donation online at <http://www.oceanicresearch.org>.

Join hundreds of local ocean enthusiasts on April 29, 2006, for a fun-filled evening and help support the Oceanic Research Group Marine Scholarship Program!!

New Englanders Underwater

I was approached at Sea Rovers by two gentlemen who were promoting their underwater photography show **New Englanders Underwater**, to be on display in Providence April 8-30, 2006. They plan for this to be their “first annual” underwater photography show.

At the time that Geoff Gaunt, of Providence Picture Frame Company, Dryden Galleries Limited, and his friend from The Scuba Center in Attleboro spoke with me at Sea Rovers, they were still requesting submissions from local divers for the show. Photographs needed to be received by March 30 to be displayed, so this notice is too late for anyone who does not already have this information. *However*, it might be a fun expedition to go down to Providence and take a look at the exhibit!

Gallery hours are Monday – Saturday 8:30 to 6:30 and Sundays 12-5:00. Let’s see if we can get a group to go down some time. Maybe a Sunday afternoon?



UNDERSEA DIVERS
SCUBA & SNORKELING
CENTER

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Beverly MA

1-978-927-9551
DIVE@underseadivers.com

OUR WEBSITE IS
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Recipe Corner



Mahi-Mahi with

Creamed Corn and Fried Green Tomatoes

This fish dish was obtained from the Green Parrot restaurant on Bonaire before it was blown into the sea. It was a favorite of mine and I thank head cook, bottle washer and friend Allen Powell for supplying the recipe to me. It’s simple to make; the Mahi-mahi can be purchased at just about any fish market. I’ve purchased it many times at *Rowan’s Sea Food* at the Beverly-Salem Bridge.

(NOTE: Mahi-mahi is also known as dolphin. It’s the fish, not the mammal. Flipper is still alive and well.)

Ingredients:

- 2 cans of creamed corn
- 4 6-ounce mahi-mahi fillets
- 2 tablespoons of olive oil
- ¼ cup dry white wine
- 8 slices Fried Green Tomatoes

Cut tart green tomatoes into ¾ inch-thick slices; season them with salt and pepper and dredge in corn meal. Fry in a heavy pan in peanut oil until brown on both sides. This should take about 1 minute on each side. Drain well on paper.

Season the fish on both sides with salt and pepper. In the same skillet, brown the fish in olive oil for 3 or 4 minutes. Turn it over and continue to cook for another 2 minutes. Remove the fish and drain the oil out of the pan. Add the white wine and deglaze the pan. Add the fish and creamed corn and finish cooking for another minute.

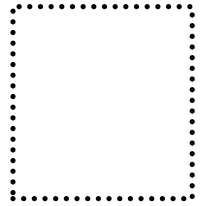
Serve with the crisp Fried Tomatoes. An ice-cold tea makes this go down real smooth. For those who don’t like tea, Foster’s works well also.

Capt. Dave



Air Bubbles – April 2006

The North Shore Frogmen's Club Inc
PO Box 3604
Peabody, MA 01961-3604



Upcoming Events!

- Apr 6: Video Night
- Apr 13: CPR Course
- Apr 14: IMAX Deep Sea 3D
- Apr 20: Video Night
- Apr 23: Easter Egg Dive & Party



Due\$ are due

The North Shore Frogmen's Club Meetings
are held every Thursday night at 8PM (except Thanksgiving) at:

The Franco-American Club
44 Park Street
Beverly, MA

Directions: From Rte 128, take the Rte 62 exit, #22E, towards Beverly. Turn RIGHT onto BRIDGE ST at the new light after Danversport Yacht Club. At the end of Bridge St, turn LEFT onto RIVER ST. Turn RIGHT onto FEDERAL ST, turn RIGHT onto PARK ST. Free parking in lot across from Franco-American Club.

Visit our website at www.northshorefrogmen.com