



# Air Bubbles



The Newsletter of the North Shore Frogmen's Club

Volume 55, Number 1

January 2013

## Presidents' Messages - January 2013

I just want to say thanks for the opportunity to be president for the 2013 diving year! It was a close election. The competition was fierce and my opponent ran a dirty campaign. Ok just kidding : )

I remember attending the meeting where we had to pick officers for the club. For some reason at that moment, I thought of Paul Sauvageau. I remember how much he loved the club and the members and I share that sentiment as well. So I offered to step up because this is a great club and I love the people that make this club great. My wish as president is to dedicate the upcoming year to Paul. I hope we can all work together to make him proud. I'm really excited about all of the upcoming diving, presentations and activities. I can't wait to hear from all of you about any ideas or suggestions on activities, diving, or presentations that will make things more fun. I am eager to get started with planning and working with you because I believe you all have great things to contribute.

I have reached out to friends in other dive clubs and they are excited to work with us on combining activities. The more the merrier and it's a big ocean! I am excited to announce that Tony has organized our New Year's Day Dive on Jan 1st at Back Beach at 10:00am. Dodie has been kind enough to offer to host an after dive party at her house around 12:00. The Dive Finatics will be joining us on the New Year's Day dive.

This month Nick Fazah will be giving a presentation on Jan 24th on his free diving competition at the Blue Hole. He has plenty of video as free divers from all over the world meet to break world records on a single breath of air. I have been following his blog on FB and it is amazing what these divers can do. We are still coordinating activities and presentations for the Jan. month. If any of you have ideas that you can contribute for a presentation or activity, please let me know ASAP.

I would like to name Tony Vieira as diver of the month for organizing our New Year's Day Dive at Back Beach. I would like to name Dodie Carvalho as member of the month for hosting us for an after dive party on New Year's day. Thanks to them for helping us celebrate the new year in style! :)

Laura Gallagher



Coming Up



**January 1: New Year's Day Dive (TBD) and New Year's Day Party at Dodie's house**

**January 3: We will be showing the first section of the movie *Ocean Frontiers***

**January 6: 2013 NSF Planning Meeting, 1PM**

**January 24: Presentation: Nick Fazah on Free Diving**

### In this Issue:

President's Message	pg. 1
Meeting Summaries	pg. 2
Pizza Party	pg. 3
Coming Events & Calendar	pg. 4-6
including Feb Ski wknd at Dodie's	pg. 4
White Mtn Express	pg. 7



**The North Shore Frogmen's Club**  
PO Box 3604  
Peabody, MA 01961

### **2013 OFFICERS**

President: Laura Gallagher  
Tel: 508 843-2395  
Email: [searaven00@yahoo.com](mailto:searaven00@yahoo.com)

Vice President: Adam Hartnett  
Email: [greatnewsadam@gmail.com](mailto:greatnewsadam@gmail.com)

Treasurer: Vinny Egizi  
Tel: (858) 342-3365  
Email: [vinnymass@yahoo.com](mailto:vinnymass@yahoo.com)

Secretary: Ellen Garvey  
Tel: 781-595-4978  
Email: [elleng@alumni.duke.edu](mailto:elleng@alumni.duke.edu)

\*\*\*\*\*

Membership:  
[membership@northshorefrogmen.com](mailto:membership@northshorefrogmen.com)

Newsletter: Mary Howard  
Tel: (781) 944-1292  
Email: [m.m.howard@comcast.net](mailto:m.m.howard@comcast.net)

Webmaster: Markus Diersbock  
[mdiersbock@gmail.com](mailto:mdiersbock@gmail.com)

**\*Deadline for submissions\*  
for the February 2013 issue  
of *Air Bubbles* is  
Saturday, January 20**

## Meeting Summaries

### **13-Dec-2012**

Meeting called to order: 8:06PM

Attendance: 4 Officers, 9 Members

**Secretary:** Business portion of minutes read and accepted.

**Treasurer:** We lost money on the banquet because of lower attendance than expected and therefore fewer raffle tickets sold. Ideas for next year: have some non-diver prizes, different kinds of prizes, participatory raffles, etc.

#### **Committees:**

- **Program:** See website for details
- 12/27-Pizza Party. We'll start w/ 8 pizzas, 4 from place Al recommended, 4 from Salem House of Pizza. Will order more if necessary.
- 12/20-Graham will bring finds from bottle dives in advance of bottle dive the next Sunday (12/23) from PCYC.
- 1/1/13-New Year's dive at 10 AM at Back Beach. It will be low tide. Bring quarters for parking meters. Divers will probably show up at Dodie's between 12 and 1. Tony will post to both facebook sites and email members, as well as contacting other dive groups and the police.
- **Air Bubbles:** Meg and Laura will both write something for the Jan AB since the deadline is the day of the officer switch.

**Dive Talk:** Dive this weekend-meet at BK at 8:45.

**Raffles:** Dollars Box: Ray Porter  
Bug Bag: Graham Smith  
Mystery Prize: John Marren

**We watched Section 4 of the film "Ocean Frontiers", Port Orford, WA Fishermen Protect Ocean & Way of Life.**

### **20-Dec-2012**

Meeting called to order: 8:10 PM

Attendance: 4 Officers, 11 Members

**Secretary:** Business portion of minutes read and accepted.

**Treasurer:**

- Turns out we lost only \$127 on the banquet. For future reference, we should assume raffle tickets at \$10/person rather than \$15, since it's been steady at \$11-12 pp for several years. We might want to switch to Danversport for a change of scene for the banquet for next year; would cost some more, but a nice venue and they do all the work. Vinny will call to find out if dates available.

- Vinny filed for tax exempt status.

- Dues are due. We have 20 paid members; 26 life members; 3 associate members in military; 4 officers; 11 honorary members.

#### **Committees:**

- **Program:** See website for details.
- 12/27-Pizza Party start at 7PM.
- 1/1/13-New Year's Day Dive at Back Beach, and New Year's Day Party at Dodie Carvalho's. Lauren will ask Tony to send email about NY Day Dive.
- 1/24-Nick Fazah presentation on free diving.
- John Sears will coordinate float cleaning again this year. PCYC makes lunch for participants.
- **Air Bubbles:** Laura has written president's message; Meg will pass.

#### **New Business:**

- New officers are in place!!
- Pencil in Jan 6 for planning meeting
- Dive Talk:** nobody went diving!?

Dive this weekend: Sunday 8:45 at BK; no takers present.

#### **General Discussion:**

- Jeff Lynch recommends new drysuit neck & wrist seals from Aquadiving Academy in South Portland, ME; \$170 for both.

**Raffles:** Dollars Box: Ray Porter  
Mystery Prizes: Ray Porter & Jeff Lynch  
Bug Bag: John Sears

### **27-Dec-2012**

**PIZZA PARTY!!!** No business conducted except for raffle of two bottles of wine donated by Marlene Sutherland, and won by Susan Copelas and John Ferrier.

See pics on next page.

## Air Bubbles – January 2013

**The Pizza Party was greatly enjoyed by all members in attendance.**



Left: Marlene and Jerry Sutherland

Right: John and Theresa Sears



Above: Prior president Larry Bettencourt, and 2013 VP Adam Hartnett  
*(photos courtesy of Vinny Egizi)*

**Diver of the Month  
for January 2013  
Tony Vieira**

**Member of the Month  
for January 2013  
Dodie Carvalho**

Upcoming Events.....

## Bay State Council Meeting

The next Bay State Council of Divers meeting will be held on Wednesday, February 27 at the SSN's clubhouse in Quincy. All are welcome to attend!

---

## Northeastern University Marine Science Center

430 Nahant Road  
Nahant, Mass. 01908

For more info, see [www.northeastern.edu/marinescience/](http://www.northeastern.edu/marinescience/)

## 2012-2013 Lecture Series

*Tuesday, January 15, 2013 at 7pm*

### THE EASTERN OYSTER: AN ICONIC FISHERY AND VALUABLE HABITAT

Dr. Jonathan Grabowski, Associate Professor of Biology:  
Marine Science Center, Northeastern University

*Tuesday, February 12, 2013 at 7 pm*

### BEHIND THE LENS: EXPERIENCES IN ENVIRONMENTAL FILM-MAKING

Bill Haney, President and Founder: BluHomes, Inc.

*Tuesday, March 19, 2013 at 7 pm*

### WHAT'S AILING MARINE MAMMALS: DISEASE AND HUMAN IMPACTS

Dr. Gwilym Jones, Professor of Biology: Marine Science  
Center, Northeastern University

*April 2013 – details to follow*

### ANNUAL RISER LECTURE

## NSFC Ski Vacation in Vermont February 7-11

Spend five days in Vermont skiing, snowmobiling, cross-country skiing, snowshoeing, or just having fun from Thursday night through Monday morning, February 7th through 11th. Dodie Carvalho is inviting you to join her and Ron Blais in Bellows Falls, VT. Their tickets allow them to ski midweek, so they can ski Thursday at Sunapee on the way up, Friday Okemo or Stratton, and Monday at any of these three resorts on their way home.

For those who want to just play in the snow during the weekend we'll be snowmobiling at the cabin (if there's snow). There are crosscountry skiing resorts along Rt. 11 in VT, and at Grafton, VT less than 30 miles away if resort trails are preferred. You can also crosscountry ski or snowshoe on the snowmobile trails at the cabin if you'd like.

The cabin is in "easy" driving distance to several ski centers ... Stratton (37 miles or 55 minutes), Okemo (25 miles or 35 minutes), and Mt. Sunapee (34 miles or 50 Minutes). Killington is a little over an hour.

The log cabin has two twins and bunk beds upstairs, with a half bath off/in the twin room. There's one queen bed with electric blanket in the unfinished basement, with a hospital portapottie which can be used as well. Dodie also has a folding bed which can be put up anywhere. Someone could sleep on the sofa. Sleeping bags with or without air mattresses could be on the living room floor. I have a full bath on the first floor where my bedroom is. Therefore we could comfortably sleep eight guests, and with sleeping bags more. (The bathrooms would obviously have a tight schedule!)

We'll share food costs equally. The cabin is about 135 miles from Rockport to Bellows Falls and takes about 3 hours 15 minutes with a break along the way. Space will be given on a first "call" basis. Call me at 978-546-2566 to reserve a bed.

~ Dodie Carvalho.



## Calendar of Events 2013

<b>January</b>		<b>1 New Year's Day Dive &amp; Party</b>	<b>2</b>	<b>3</b> 8:00 PM Meeting Movie	<b>4</b>	<b>5</b>
<b>6 Sun Dive?</b> 2013 Planning meeting 1pm	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b> 8:00 PM Meeting	<b>11</b>	<b>12</b>
<b>13 Sunday Dive?</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>18</b> 8:00 PM Meeting	<b>19</b>	<b>20</b>
<b>20 Sunday Dive?</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b> 8:00 PM Meeting PRESENTATION	<b>25</b>	<b>26</b>
<b>27 Sunday Dive?</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b> 8:00 PM Meeting	<b>1</b>	<b>2</b>
<b>3 Sunday Dive?</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b> 8:00 PM Meeting Movie	<b>8</b>	<b>9</b>
<b>10 Sunday Dive?</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> 8:00 PM Meeting	<b>15</b>	<b>16</b>
<b>17 Sunday Dive?</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b> 8:00 PM Meeting	<b>22</b>	<b>23</b>
<b>24 Sunday Dive?</b>	<b>25</b>	<b>26</b>	<b>27 BSC meeting</b>	<b>28</b> 8:00 PM Meeting	<b>February</b>	

### Activities List

- **Jan 1, Tues**      **New Year's Day Dive. 10AM at Back Beach!**
- **Jan 1, Tues**      **New Year's Day Party at Dodie Carvalho's house in Rockport; noon start**
- **Jan 3, Thur**      **Ocean Frontiers, Section 1.** See next page for more info.
- **Jan 6, Sun**      **2013 NSF Planning Meeting 1PM at Ellen & Mike's**
- **Jan 24, Thur**      **Nick Fazah will give a presentation on FREE DIVING.**
- **Feb 7, Thur**      **Ocean Frontiers, Section 3.** See next page for more info.
- **Feb 27, Wed**      **Next meeting of the Bay State Council of Divers (BSC)**
- **Mar 16, Sat**      **St. Patrick's Day Party** at Mary and Ray's house (more info to follow)
- **The Vermont camping and diving week for next summer with Annette and Pat is scheduled for Sunday July 7 through Sunday July 14, 2013. Start making plans to be there!!**

## **The Film: “*Ocean Frontiers: the Dawn of a new Era in Ocean Stewardship*”**

As the blue planet’s burgeoning populace faces an uncertain future, never before have the world’s oceans been called upon to serve so many, while suffering so much. To address this, people around the world have begun using new approaches to ocean management. It is a movement of scientists, businesses, farmers, fishermen, governments and citizens who care for the sea.

[Green Fire Productions](#) has traveled the country from coast to coast, capturing stories of these ocean pioneers—people who are embarking on a new course of stewardship, in defense of the seas that sustain them. We can learn many lessons from these ocean pioneers; in a sense, we’re all ocean pioneers, steering uncharted waters in a sea of rapid change.

### **Saving Whales at Stellwagen Bank**

In the bustling shipping lanes of Boston Harbor, what was once a recurring collision of giant vessels and endangered whales has become a model for conservation in a crowded sea. Marine biologists, shipping executives and an energy company have come together, taking cues from the great whales’ travelways, and finding room for both commerce and wildlife.

### **An Ocean Blueprint for Florida Keys**

The coral reefs of the Florida Keys are America’s most popular marine destination, home of myriad sea creatures, magnet of sport fishers, divers and sightseers. Lately they are also America’s showcase of marine conservation zoning, providing refuge, recreation, and livelihoods, through a collaborative plan developed by all concerned.

### **Iowa Farmers & Gulf of Mexico**

The Mississippi Delta—terminus of America’s mightiest river, nursery of one of the nation’s premier fisheries, and lately an unfortunate poster child for ecological disaster—is getting help from an unlikely team of people, in an unlikely place. More than a thousand miles upstream, in the cornfields of Iowa, farmers are changing their ways to send cleaner water and new life to the nation’s beleaguered Delta.

## **Port Orford Fishermen Protect Ocean & Way of Life**

In a small fishing community on the coast of Oregon, the people of Port Orford are taking control of their destiny, by conducting their own brand of conservation.

[This section was viewed at the meeting on 12/13/12]

(from the website: <http://OceanFrontiers.org/>)

---

## **2013 Boston Scuba Show**

**The Dive Patrol presents 62<sup>nd</sup> Boston Scuba Show**

Feb 23, 2013, Holiday Inn, Marlboro, Mass,  
10A.M. to 3P.M. (SEE THE WHOLE SHOW)

**Alex Shure’s Wreck on Stellwagon Bank**

**LeRoy French’s DOLPHINS IN PARADISE**

**Fred Calhoun’s SEARCHING FOR THE HESPERUS**

**Janet MacCausland’s MEMORIES of YOU**

**HOW DIVE COMPUTERS ‘WORK’**

**Bob Boyle’s SANTA BARBARA ISLE UNDERWATER  
BASICS OF IN-WATER VIDEOGRAPHY**

**AN INTRODUCTION TO SCUBA**

**Alex Shure’s ON HALF-WAY ROCK and THE WALL  
FLYING AFTER DIVING (simple safe rules)**

**Matt Marcoux ON REBREATHERS**

**Deb Greenhalgh HAWAII and DIVING JAMESTOWN**

**Richard Palanzi: PAUL REVERE SPIKE AWARD**

not the order of presentations

**Directed by Alan Budreau**

Tickets at \$20 at the door or in advance.

write to Cecile Christensen, 2 Ocean Ave (Ste 1-H)  
Gloucester, MA 01930.

Checks payable to The Dive Patrol

**TRY-OUT SCUBA at the SCUBA SHOW in Marlboro’s  
HOLIDAY INN pool. Feb 23**

**Available to attendees 15 years or older**

**Bring a bathing suit**

**Conducted by CUZIN’s OUTDOORS, Inc.  
of Whitinsville, MASS**

**Special: Admission for members of the North Shore  
Frogmen \$10 w/ membership.**

## WHITE MOUNTAIN EXPRESS

PO Box 5322 Bradford, MA 01835

Ride with us to your favorite ski/ride area aboard a luxurious motorcoach. Bus departs from Pelham Street Park & Ride in Methuen (Rte 93, Exit 47) every Wednesday morning at 6:30, and leaves the mountain at 5pm.

### BUS TICKET (\$80) INCLUDES:

- Motorcoach transportation w/ movies
- Morning coffee & donut
- Full mountain lift ticket

### 2013 SCHEDULE

Jan 2	Sunday River
Jan 9	Killington
Jan 16	Sunday River
Jan 23	Stratton
Jan 30	Sunday River
Feb 6	Mt. Snow
Feb 13	Sunday River
Feb 20	Jay Peak
Feb 27	Sunday River
Mar 6	Okemo
Mar 13	Killington
* Mar 20	Sunday River
Mar 27	Stratton
Apr 3	Sunday River

\* March 20 free ski demos arranged by Buchika's Ski and Bike Shop, Salem, NH

### **RESERVATIONS ARE REQUIRED**

w/ \$40 deposit

**CANCELLATION POLICY:** deposits will not be refunded or credited within 72 hours of departure.

Under 18 years must be accompanied by an adult

For reservations, please call:

**978-346-8667**



## The Bay State Council of Divers

### Supporting and promoting the recreational diving community in Massachusetts.

The Bay State Council of Divers (BSC) is a diver's advocacy group. The BSC monitors local, state and federal regulations that may affect the recreational diving community in Massachusetts. When required, the BSC represents the interests of the diving community in these matters.

The BSC serves as a liaison between dive clubs and dive stores to promote recreational diving activity in Massachusetts. All divers are encouraged to support the BSC with an annual contribution of \$5. Your contribution will allow the BSC to continue to be a strong advocate for the recreational diving community in Massachusetts.

For more information see the new BSC website at <http://www.baystatecouncil.org>

---

## For Sale: DUI DRYSUIT

50/50 FLX standard, woman's L. With medium polartec DUI undergarment and size 6 rock boots, original DUI bag, zipper aide & talc. Used 5 times!

A MUST SEE!!

List price new \$2500 for drysuit only. Selling all above for \$900.

Call Linda Connors: 978-462-0460, or email [lpski26@yahoo.com](mailto:lpski26@yahoo.com)



42 Water St.  
Beverly MA  
978-927-9551  
DIVE@underseadivers.com

**2012 Hours:**  
Tue-Fri 10-6, Sat 9-5, Sun 9-3

[WWW.UNDERSEADIVERS.COM](http://WWW.UNDERSEADIVERS.COM)

**Sales ♦ Service ♦ Rentals**  
AQUA LUNG ♦ SEAQUEST ♦ SUUNTO  
GENESIS ♦ DUI ♦ VIKING ♦ HENDERSON  
VISA ♦ MASTERCARD ♦ AE ♦ DISCOVER



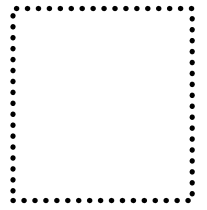
**EASY DIVER**  
"J" Dock, Cape Ann Marina  
75 Essex Avenue  
Gloucester, MA  
978 525-3432  
[www.easy-diver.com](http://www.easy-diver.com)  
[info@easy-diver.com](mailto:info@easy-diver.com)





## Air Bubbles – January 2013

The North Shore Frogmen's Club, Inc.  
PO Box 3604  
Peabody, MA 01961-3604



Jan 1: New Year's Day Dive & Party  
Jan 3: Movie: Ocean Frontiers Sec 1  
Jan 6: 2013 Planning Meeting  
Dec 24: Nick Fazah Presentation



### The **North Shore Frogmen's Club**

meets every Thursday at 8PM

at **Palmer's Cove Yacht Club**

74 Leavitt Street  
Salem, MA 01970

More parking available in the Harbor Sweets lot across the street.

Visit our website at [www.northshorefrogmen.com](http://www.northshorefrogmen.com)